

Platz	M/W	Brutto	Name	Vorname	Verein	GebJahr	PAK	AK	ZNetto
1	M	00:35:50	Thorwirth	Maximilian	SFD 75 Düsseldorf	1995	1	M	00:35:48
2	M	00:38:17	Tedros	Habtom	TG Neuss	1997	2	M	00:38:15
3	M	00:38:46	Hemkes	Lucas	LAZ Puma Rhein-Sieg	1992	3	M	00:38:45
4	M	00:38:58	Abdelmalek	Bahri	SFD 75 Düsseldorf	1997	4	M	00:38:56
5	M	00:40:29	Wilke	Richard	Aachener TG	1992	5	M	00:40:28
6	M	00:41:00	Knipping	Andreas	SFD 75 Düsseldorf	1990	6	M	00:40:58
7	M	00:42:12	Grabosch	Stefan	LAZ Puma Rhein-Sieg	1986	1	M30	00:42:09
8	M	00:43:23	Kaczmarczyk	Denis		1990	7	M	00:43:21
9	M	00:43:26	Gündüz	Deniz	LLG 80 Nordpark Köln	1974	1	M45	00:43:24
10	M	00:43:37	Ortz	Christian	TG Neuss	1978	1	M40	00:43:34
11	M	00:43:39	Rück	Matthias	TG Neuss	1982	1	M35	00:43:37
1	W	00:43:42	Spill	Tanja	TSV Bayer Dormagen	1995	1	W	00:43:40
12	M	00:43:56	Neitzel	Christian	VdS Nievenheim	1989	2	M30	00:43:53
13	M	00:44:06	Kluczkowski	Hugo	SFD 75 Düsseldorf	2003	1	MJ U18	00:44:01
14	M	00:44:17	Hessels	Yannick	AS Neukirchen-Vluyn	1996	8	M	00:44:15
15	M	00:44:29	Ott	Herbert	Bayer CropScience	1974	2	M45	00:44:27
16	M	00:44:36	Goraus	Stephan	ASV Süchteln	1975	2	M40	00:44:31
17	M	00:44:42	Vogt	Simon	SFD 75 Düsseldorf	1993	9	M	00:44:38
18	M	00:44:44	Kox	Jochen	Funlaufen.de	1971	3	M45	00:44:41
19	M	00:44:51	Müller	Klaus	Opladen on Tour	1970	4	M45	00:44:42
2	W	00:44:53	Moser	Denise	SFD 75 Düsseldorf	2000	1	WJ U20	00:44:49
20	M	00:45:01	Claesges	Michael	Team Essen 99	1964	1	M55	00:44:59
21	M	00:45:08	Nowicki-Koth	Jakob	SFD 75 Düsseldorf	2001	1	MJ U20	00:45:04
22	M	00:45:14	Geller	Pascal	INEOS Köln	1984	2	M35	00:45:07
23	M	00:45:16	Trommer	Lion	H. Schmincke & Co. GmbH & Co. KG	1990	10	M	00:44:50
24	M	00:45:18	Von Poser	Henning	Triathlon Team Ratingen 08	1966	1	M50	00:45:15
25	M	00:45:31	Villalpando	Salvador	FC Straberg	1969	2	M50	00:45:27
26	M	00:45:35	Czarnietzki	Bernd	DJK Novesia Neuss	1963	2	M55	00:45:30
27	M	00:45:43	Philipp-Zende	Stefan	Team bevegt	1976	3	M40	00:45:37
28	M	00:45:53	Hermann	Sven	Hydro	1985	3	M30	00:45:49
29	M	00:45:56	Thapa	Atul	1. FC Grevenbroich-Süd	1968	3	M50	00:45:49
30	M	00:46:12	Rühlemann	Clemens	Flinke Füchschen	1988	4	M30	00:45:46

31	M	00:46:20	Gläßer	Harald	SG Zons	1968	4	M50	00:46:15
32	M	00:46:35	Böttcher	Marcel	LAZ Puma Rhein-Sieg	2003	2	MJ U18	00:46:30
33	M	00:46:48	Metzler-Nesbeda	Thomas	TSV Bayer 04 Lauftreff	1968	5	M50	00:46:42
34	M	00:46:48	Heide	Sandro	Überschallschnecken	1985	5	M30	00:46:39
35	M	00:46:57	Büttgenbach-Maaßen	Frank		1978	4	M40	00:46:43
36	M	00:47:05	Tarrach	Marc	TriTeam Hagen	1979	5	M40	00:46:59
37	M	00:47:09	Patzek	Tobias		1988	6	M30	00:47:04
3	W	00:47:16	Siebert	Nele	LAZ Puma Rhein-Sieg	2001	2	WJ U20	00:47:11
38	M	00:47:21	Brüggemann	Stefan	DJK Kleinenbroich	1980	3	M35	00:47:14
39	M	00:47:27	Bongardt	Dirk		1973	5	M45	00:47:24
40	M	00:47:30	Faber	Daniel	Bayer CropScience	1985	7	M30	00:47:25
4	W	00:47:30	Neveling	Eva-Maria	Mach3 Köln	1992	2	W	00:47:26
41	M	00:47:31	Weber	Eiken	Mach3 Köln	1980	4	M35	00:47:26
42	M	00:47:56	Kandziora	Gregor	Bayer CropScience	1984	5	M35	00:47:51
43	M	00:47:58	Hengvoß	Thorsten	Funlaufen	1986	8	M30	00:47:41
44	M	00:48:02	Ballmann	Kai	Funlaufen	1989	9	M30	00:47:54
45	M	00:48:13	Rueda Puertas	Oskar	TG Neuss	1973	6	M45	00:48:07
46	M	00:48:22	Winkler	Lennart	LG Physio Euler	1998	11	M	00:48:14
47	M	00:48:24	Beitzer	Michel	TriForce Vital Remscheid	2000	2	MJ U20	00:48:22
48	M	00:48:31	Siebertz	Jan		1981	6	M35	00:48:24
49	M	00:48:38	Mieskes	Kurt		1961	3	M55	00:48:35
50	M	00:48:39	Mannheim	Stephan	LLG 80 Nordpark Köln	1975	6	M40	00:48:32
51	M	00:48:41	Schlattmann	Kai	Bayer CropScience	1972	7	M45	00:48:35
52	M	00:48:46	Dreyer	Lukas	SFD 75 Düsseldorf	2003	3	MJ U18	00:48:41
53	M	00:48:47	Conradi	Oliver	Evonik	1971	8	M45	00:48:43
54	M	00:48:51	Wanzek	Thor	Trollmusic Running Team	1976	7	M40	00:48:46
55	M	00:48:54	Menne	Sven		1981	7	M35	00:48:43
56	M	00:48:56	Rosenberger	Tim		1981	8	M35	00:48:49
5	W	00:48:57	Kanditt	Katja	Mönchengladbacher LG	1977	1	W40	00:48:52
57	M	00:48:58	Gora	Stefan	Grün-rot-weiß Buderich e.V.	1976	8	M40	00:48:54
58	M	00:49:02	Ziemens	Daniel		1988	10	M30	00:48:48
59	M	00:49:09	Sztucki	Christof		1982	9	M35	00:48:55
60	M	00:49:11	Püll	Stephan		1975	9	M40	00:49:04

61	M	00:49:15	Pasch	Frank	TG Neuss	1963	4	M55	00:49:12
62	M	00:49:23	Lingk	Christoph	TuS 82 Opladen	1966	6	M50	00:49:10
63	M	00:49:23	Weenen	Marc	LaufTeam AugstLickes	1992	12	M	00:49:18
64	M	00:49:28	Güsgen	Oliver	FC Zons 1911	2001	3	MJ U20	00:49:24
6	W	00:49:31	Kasimirowicz	Emma	SFD 75 Düsseldorf	2002	1	WJ U18	00:49:26
65	M	00:49:34	Faber	Felix		1990	13	M	00:49:24
66	M	00:49:35	Braun	Daniel		1986	11	M30	00:49:27
67	M	00:49:41	Rabeneck	Franz-Josef	HippeKuss	1970	9	M45	00:49:34
68	M	00:49:53	Golder	Wolfgang	FC Straberg	1957	1	M60	00:49:45
7	W	00:49:57	Bach	Daniela	1. FC Grevenbroich-Süd	1975	2	W40	00:49:51
69	M	00:50:05	Reuter	David	ReuterRunner	1990	14	M	00:49:50
70	M	00:50:06	Neimeke	Ralf	Superpunk	1975	10	M40	00:49:56
71	M	00:50:10	Zimmermann	Uwe	LT Rennhamster Düsseldorf	1981	10	M35	00:50:07
72	M	00:50:19	Bützer	Peter		1978	11	M40	00:50:12
73	M	00:50:19	Draser	Caesar	TSV Bayer Dormagen TRI	1978	12	M40	00:50:08
74	M	00:50:27	Hallerbach	Peter	Knickfööss Köln	1967	7	M50	00:50:04
75	M	00:50:30	Hüren	Andreas	TSV Solingen	1969	8	M50	00:50:23
76	M	00:50:30	Fetten	Heijo	LLG 80 Nordpark Köln	1952	1	M65	00:50:26
77	M	00:50:33	Jansen	Julian		1989	12	M30	00:50:25
78	M	00:50:41	Gaspers	Daniel	Funlaufen	1993	15	M	00:50:34
79	M	00:50:43	Hamdaoui	Hassan		1968	9	M50	00:50:39
80	M	00:50:46	Schaal	Christoph		1969	10	M50	00:50:22
81	M	00:50:49	Ahlgrim	Stephan	ASV Sankt Augustin	1964	5	M55	00:50:42
82	M	00:50:59	Wilbertz	Felix		1993	16	M	00:50:41
83	M	00:51:14	Hönseler	Holger	Team Erdinger Alkoholfrei	1971	10	M45	00:50:56
84	M	00:51:19	Krebs	Michael	TUS Quettingen	1966	11	M50	00:51:11
85	M	00:51:22	Reckels	Frank-Reiner		1965	12	M50	00:51:10
86	M	00:51:22	Schirmer	Rüdiger	TuS 08 Lintorf	1965	13	M50	00:51:06
87	M	00:51:25	Oliveira	André	PRT	1988	13	M30	00:51:08
8	W	00:51:25	Franzus	Melanie	Rennschnecken 2000	1974	1	W45	00:51:17
9	W	00:51:28	Friedrich	Carola		1989	1	W30	00:51:19
10	W	00:51:28	Feuring	Flora	TG Neuss	2003	2	WJ U18	00:51:24
88	M	00:51:33	Zimmermann	Uwe	INEOS Köln	1970	11	M45	00:51:24

89	M	00:51:40	Krins	Moritz	SG Zons	1996	17	M	00:51:25
90	M	00:51:41	Helfenstein	Willy	SG Neukirchen-Hülchrath	1958	2	M60	00:51:34
91	M	00:51:41	Lütkenhaus	Peter	Fleerigel Kleinenbroich	1972	12	M45	00:51:27
92	M	00:51:45	Bäker	Thomas	born 2 Run	1964	6	M55	00:51:40
93	M	00:51:47	Mertens	Andreas	FC Straberg	1977	13	M40	00:51:36
94	M	00:51:55	Stanisch	Christian		1981	11	M35	00:51:48
95	M	00:51:58	Troisch	Thomas	DJK Hoisten	1959	3	M60	00:51:50
96	M	00:51:58	Erpenbach	Thorsten	TSV Bayer Dormagen	1967	14	M50	00:51:34
97	M	00:52:00	Marcel	Martin		1987	14	M30	00:51:57
98	M	00:52:00	Schlimgen	Christoph		1994	18	M	00:51:20
99	M	00:52:00	Block	Martin		1978	14	M40	00:51:32
11	W	00:52:04	Jäkul	Merle	ASV Köln	1975	3	W40	00:51:53
100	M	00:52:05	Siekierka	Mikolaj	SFD 75 Düsseldorf	1998	19	M	00:52:00
101	M	00:52:06	Schneider	Paul		1981	12	M35	00:51:28
102	M	00:52:07	Böttcher	Waldemar	LAZ Puma Rhein-Sieg	1978	15	M40	00:51:59
103	M	00:52:09	Günther	Peter	IAC Düren	1960	7	M55	00:52:04
104	M	00:52:14	Beitzer	Arnd	allways3 - Laufen in Remscheid	1969	15	M50	00:52:03
105	M	00:52:15	Titzl	Laurent	Titzl-Jiménez Team	1979	16	M40	00:51:37
106	M	00:52:15	Blümer	Michael		1969	16	M50	00:52:09
107	M	00:52:20	Lang	Udo		1965	17	M50	00:52:12
12	W	00:52:21	Remshagen	Doris	TV Refrath	1967	1	W50	00:52:11
108	M	00:52:24	Loosen	Klaus		1952	2	M65	00:52:15
109	M	00:52:26	Pietzsch	Hans-Ulrich	SV Uedesheim	1963	8	M55	00:52:19
110	M	00:52:39	Schumacher	Marvin	INEOS Köln	1992	20	M	00:52:30
13	W	00:52:43	Baikowski	Laura	SG Zons	1999	3	W	00:52:36
111	M	00:52:44	Flaßkamp	Michael	Cool Runnings Beelen	1978	17	M40	00:52:25
112	M	00:52:48	Baumgart	Markus	H. Schmincke & Co. GmbH & Co. KG	1971	13	M45	00:52:35
14	W	00:52:50	Renjergent	Carola	TV Refrath	1963	1	W55	00:52:42
113	M	00:52:54	Schneider	Carsten	Ski-Club Cronenberg	1972	14	M45	00:52:40
114	M	00:52:55	Eger	Christian	Team Erdinger Alkoholfrei	1986	15	M30	00:52:01
115	M	00:52:55	Wagner	Georg		1968	18	M50	00:52:48
15	W	00:52:56	Wilke	Belinda	TG Neuss	1960	2	W55	00:52:47
116	M	00:53:03	Felis	Andre		1981	13	M35	00:52:43

117	M	00:53:07	Mosmondor	Dennis	HM-Projects	2002	4	MJ U18	00:52:12
118	M	00:53:12	Schmitz	Marcel	Fortuna Düsseldorf	1984	14	M35	00:53:00
119	M	00:53:18	Möllers	Gregor		1965	19	M50	00:52:53
120	M	00:53:21	Juschka	Tim	SG Zons	1996	21	M	00:52:57
121	M	00:53:21	Fieren	Bodo		1983	15	M35	00:52:57
122	M	00:53:28	Müller	Rolf	Soimii Sibiu	1968	20	M50	00:53:04
123	M	00:53:36	Eckstein	Raik	ELRandkanal	1974	15	M45	00:52:57
124	M	00:53:41	Payenberg	Dirk	Hilden	1964	9	M55	00:53:23
125	M	00:53:41	Wiebe	Andreas		1967	21	M50	00:53:22
126	M	00:53:47	Grabowski	Bert	LT Friedrichsberg	1960	10	M55	00:53:24
127	M	00:53:49	Schiefelbein	Jens		1987	16	M30	00:53:45
128	M	00:53:52	Korbmacher	Bernhard	TG Neuss	1953	3	M65	00:53:41
129	M	00:53:53	Steffen	Nico	Manic Runners Uessem	1986	17	M30	00:53:32
130	M	00:53:55	Pelko	Peter	Bayer CropScience	1969	22	M50	00:53:49
131	M	00:53:56	Von Seckendorff	Alexander	SUS Gohr	1974	16	M45	00:53:43
132	M	00:54:01	Schaul	Markus	SLOS Ronsdorf	1980	16	M35	00:53:38
133	M	00:54:04	Ferreira	Claudio	TSV Bayer Dormagen Triathlon	1978	18	M40	00:53:51
134	M	00:54:06	Meves	Oliver	Borussia Mönchengladbach	1970	17	M45	00:53:46
135	M	00:54:07	Krause	Ralf	Fortuna Düsseldorf Triathlon	1972	18	M45	00:53:58
136	M	00:54:07	Garlicki	Andrzej		1985	18	M30	00:53:07
137	M	00:54:09	Nachtsheim	Meik	Tri-Team Sinzig	1997	22	M	00:52:59
138	M	00:54:11	Neuland	Ralf	Bayer CropScience	1969	23	M50	00:53:54
139	M	00:54:14	Kruse	Jan Erik	AS CS Frontrunner	1983	17	M35	00:54:14
16	W	00:54:14	Diethers	Andrea	AS CS Frontrunner	1984	1	W35	00:54:01
140	M	00:54:16	Wissing	Janek	Neuss	1998	23	M	00:53:55
141	M	00:54:16	Matschull	Frank	für meine Jungs	1967	24	M50	00:53:58
17	W	00:54:17	Ackermann	Diana	Bayer CropScience	1970	2	W45	00:54:02
142	M	00:54:18	Funken	Klaus	Poll Runner	1970	19	M45	00:53:53
18	W	00:54:24	Buttler	Nicole	SG Gladbeck/Recklinghausen	1981	2	W35	00:54:18
19	W	00:54:30	König	Marijke	Team Erdinger Alkoholfrei	1991	4	W	00:53:37
20	W	00:54:34	Poralla	Agathe		1987	2	W30	00:54:03
143	M	00:54:35	Diewald	Torsten	K17	1988	19	M30	00:53:56
144	M	00:54:38	Döring	Stephan	allways3 - Laufen in Remscheid	1963	11	M55	00:54:26

145	M	00:54:43	Kaluza	Oliver		1991	24	M	00:54:40
146	M	00:54:44	Beyel	Jürgen		1960	12	M55	00:54:33
147	M	00:54:49	Rose	Bernd		1963	13	M55	00:54:44
148	M	00:54:51	Reimann	Paul	Die jungen Optimisten	1992	25	M	00:54:28
149	M	00:54:54	Güttler	Axel	FC Straberg	1969	25	M50	00:54:35
150	M	00:55:00	Kliebe	Bernd		1975	19	M40	00:54:37
151	M	00:55:01	Miller	Mike	TU 05 Quettingen	1964	14	M55	00:54:51
152	M	00:55:06	Rödingen	Jürgen	ASC Rosellen	1959	4	M60	00:54:58
153	M	00:55:11	Neitzel	Manfred	VdS Nievenheim	1960	15	M55	00:55:05
154	M	00:55:12	Schnitzler	Daniel		1977	20	M40	00:54:53
155	M	00:55:13	Scharfenberg	Stephan	FC Straberg	1978	21	M40	00:55:03
21	W	00:55:14	Simon	Birgit	Lauftreff Wickrath	1975	4	W40	00:54:54
156	M	00:55:16	Paniczek	Markus	Happy Running Family	1983	18	M35	00:54:36
22	W	00:55:18	Augustin	Steffi	Frosch Sportreisen Racing Team	1978	5	W40	00:55:10
157	M	00:55:21	Zwick	Jürgen	Team Stratos	1964	16	M55	00:55:17
158	M	00:55:23	Keppler	Patrick		1974	20	M45	00:55:15
159	M	00:55:26	Höfker	Johann	Mönchengladbacher LG	1952	4	M65	00:55:06
160	M	00:55:29	Sion	Marco		1969	26	M50	00:54:48
161	M	00:55:30	Roos	Dennis	DOMDEN	1981	19	M35	00:54:50
162	M	00:55:33	Bisping	Dirk	INEOS Köln	1970	21	M45	00:55:17
163	M	00:55:42	Nachtsheim	Christoph	Tri Team Sinzig	1993	26	M	00:54:32
164	M	00:55:45	Reintzsch	Ingo	Alfterer SC	1977	22	M40	00:54:51
23	W	00:55:49	Voigt	Manuela	TSV Bayer Leverkusen	1971	3	W45	00:55:39
165	M	00:55:53	Poschinski	Fred	FC Grevenbroich Süd	1964	17	M55	00:55:41
166	M	00:55:54	Kasek	Heinrich	RTB Remscheid	1962	18	M55	00:55:33
167	M	00:55:54	Klein	Marc	TSV Bayer Dormagen	1973	22	M45	00:55:24
168	M	00:55:55	Wiethoff	Adrian	Manic Runners Uessem	1972	23	M45	00:55:33
169	M	00:55:57	Müllers	Carsten	Funlaufen	1977	23	M40	00:55:22
170	M	00:55:58	Brinkmann	Markus	LT Krefeld-Oppum	1964	19	M55	00:55:35
171	M	00:55:58	Meisen	Markus		1987	20	M30	00:55:16
172	M	00:56:00	Schulz	Stefan		1981	20	M35	00:55:35
24	W	00:56:00	Klein	Nicole	Chemion Logistik GmbH	1976	6	W40	00:55:27
173	M	00:56:04	Ermisch	Heinz-Werner	Happy Running Family/Team Erdinger Alkoholfrei	1966	27	M50	00:55:25

174	M	00:56:09	Kaluza	Robert	St. Zons	1993	27	M	00:56:06
175	M	00:56:10	Plass	Ernst		1968	28	M50	00:55:38
25	W	00:56:10	Dahm	Sabine	SFD 75 Düsseldorf	1968	2	W50	00:56:03
176	M	00:56:12	Hark	Andreas	Pullheimer SC	1960	20	M55	00:56:01
26	W	00:56:13	Becker	Nadine	LG Gummersbach	1980	3	W35	00:55:54
177	M	00:56:17	Scheuch	Manuel	Mr.&Mrs.	1990	28	M	00:56:03
178	M	00:56:19	Kullik	Oliver	TUS09 Erkenschwick	1971	24	M45	00:56:04
179	M	00:56:21	Pilger	Kai	SFD 75 Düsseldorf	2003	5	MJ U18	00:56:05
180	M	00:56:23	Hagedorn	Ulf		1966	29	M50	00:55:34
181	M	00:56:27	Fünger	Maxime		1999	29	M	00:56:09
27	W	00:56:27	Stauten	Sabrina	TG Neuss	1987	3	W30	00:56:01
28	W	00:56:27	Wolf	Anke	TG Neuss	1962	3	W55	00:56:17
182	M	00:56:32	Hansen	Peter		1964	21	M55	00:56:20
29	W	00:56:33	Reslo	Susanne	TSV Bayer Leverkusen	1971	4	W45	00:56:24
183	M	00:56:35	Tolles	Marius	CVJM Neuss	1980	21	M35	00:56:31
184	M	00:56:37	Rottmann	Dennis		1981	22	M35	00:56:34
30	W	00:56:37	Nickel	Judith Alisa		1993	5	W	00:56:27
185	M	00:56:38	Dwars	Thomas	Team TriTrain	1967	30	M50	00:55:50
186	M	00:56:40	Golf	Stefan	Bayer CropScience	1972	25	M45	00:56:34
31	W	00:56:40	Lill	Charlotte		1980	4	W35	00:56:38
32	W	00:56:41	Kirchner	Michaela	SG Zons	1966	3	W50	00:56:09
33	W	00:56:42	Rosendo Firminio	Anke		1977	7	W40	00:56:36
187	M	00:56:54	Nachtsheim	Frank	TriTeam Sinzig	1965	31	M50	00:55:45
188	M	00:56:57	Schöne	Till	NGK	1991	30	M	00:56:31
189	M	00:56:58	Bisping	Christopher	Düsseldorf	1973	26	M45	00:56:27
190	M	00:56:59	Sokolowski	Ralf		1979	24	M40	00:56:29
191	M	00:57:01	Weinbrenner	Nils	TECTRION	1993	31	M	00:56:30
34	W	00:57:03	Sander	Tanja	TG Neuss	1971	5	W45	00:56:53
192	M	00:57:07	Bodynek	Jürgen	SG Zons	1967	32	M50	00:56:50
35	W	00:57:12	Prenger	Ilona	Langenfeld	1973	6	W45	00:56:52
36	W	00:57:12	Kirchberg	Sylvia	Bayer CropScience	1984	5	W35	00:56:51
193	M	00:57:13	Kürby	Bastian		1981	23	M35	00:57:09
194	M	00:57:17	Oehmen	Rolf	Bayer CropScience	1965	33	M50	00:56:59

195	M	00:57:19	Funk	Kay	Köln Läufer	1970	27	M45	00:57:10
196	M	00:57:21	Weber	Johannes		1983	24	M35	00:56:02
197	M	00:57:22	Dräger	Pierre	Leverkusen	1974	28	M45	00:57:13
198	M	00:57:24	Rottmann	Michael	Original Bootcamp Münster	1977	25	M40	00:56:40
199	M	00:57:24	Tsachpinis	Theodoros		1983	25	M35	00:56:53
37	W	00:57:26	Weber	Heike	KG Ahl Dormagener Junge	1977	8	W40	00:57:15
200	M	00:57:35	Döring	Uwe	LLG 80 Nordpark Köln	1958	5	M60	00:57:24
201	M	00:57:36	Goch	Nikita		2000	4	MJ U20	00:57:10
202	M	00:57:38	Korus	Manfred	Köln	1970	29	M45	00:57:10
38	W	00:57:38	Jansen	Nicole	Köln	1974	7	W45	00:57:11
39	W	00:57:38	Seifert	Anke	TV Konzen	1989	4	W30	00:57:28
203	M	00:57:40	Seidel	Malte	Rheinwacht Stürzelberg	2003	6	MJ U18	00:57:12
204	M	00:57:42	Leopold	Thomas	Köln	1962	22	M55	00:57:30
205	M	00:57:43	Kather	Theophil	LG RWE Power	1966	34	M50	00:57:32
40	W	00:57:45	Ruthe	Tina		1972	8	W45	00:57:23
206	M	00:57:50	Kottysch	Michael	LT Kemperdick	1962	23	M55	00:57:42
207	M	00:57:51	Jebe	Johannes	Lauftreff Kemperdick	1954	5	M65	00:57:38
208	M	00:57:52	Wlotzka	Kamil		1986	21	M30	00:57:44
41	W	00:57:52	Becker	Ines	Bayer CropScience	1992	6	W	00:57:07
209	M	00:57:53	Wlotzka	Patrick		1984	26	M35	00:57:44
210	M	00:57:54	Schymik	Arkadius		1978	26	M40	00:57:51
211	M	00:57:55	Cremer	Jürgen	LLG 80 Nordpark Köln	1962	24	M55	00:57:46
212	M	00:57:56	Müller	Alexander	SSK Kerpen	1974	30	M45	00:57:31
213	M	00:57:56	Birkenfeld	Bernd	LLG 80 Nordpark Köln	1946	1	M70	00:57:33
214	M	00:57:58	Pick	Marcus	M. & M. Pick	1976	27	M40	00:56:58
215	M	00:57:58	Kaeber	Sven		1976	28	M40	00:57:16
216	M	00:57:59	Beivers	Norbert	KG Rot Weiss Feste Zons	1977	29	M40	00:57:26
217	M	00:57:59	Hahn	Marcel	Funlaufen	1971	31	M45	00:57:26
218	M	00:58:11	Nowak	Ingo		1976	30	M40	00:57:39
219	M	00:58:15	Wolgast	Alexander	Team Erdinger Alkoholfrei	1983	27	M35	00:56:53
220	M	00:58:15	Ramsauer	Jürgen		1972	32	M45	00:58:03
221	M	00:58:17	Cymorek	Sebastian		1996	32	M	00:58:07
222	M	00:58:19	Hendrix	Christoph	Chemion Logistik GmbH	1981	28	M35	00:57:38



223	M	00:58:20	Bischur	Manfred	Düsseldorf	1949	2	M70	00:58:03
224	M	00:58:22	Fourberg	Niklas		1990	33	M	00:58:02
225	M	00:58:25	Dörre	Dirk		1969	35	M50	00:57:48
42	W	00:58:25	Mathieu	Mylène		1984	6	W35	00:57:04
43	W	00:58:25	Timmermann	Alke	SV Hellas Siegburg	1970	9	W45	00:57:44
44	W	00:58:27	Carita	Traspa	TECTRION	1993	7	W	00:58:06
226	M	00:58:33	Lemke	Christoph	TECTRION	1978	31	M40	00:58:12
227	M	00:58:35	Bläser	Wolfgang	MST Laufpiont	1968	36	M50	00:58:21
45	W	00:58:36	Schlüter	Anna	Team Blondi	1989	5	W30	00:57:59
46	W	00:58:36	Schlüter	Laura	Team Blondi	1996	8	W	00:57:58
47	W	00:58:37	Gocheva	Mira		1983	7	W35	00:58:08
48	W	00:58:38	Pierunek-Sprave	Nadine	MST Laufpiont	1978	9	W40	00:58:24
228	M	00:58:39	Petrow	Uwe	H. Schmincke & Co. GmbH & Co. KG	1960	25	M55	00:58:25
229	M	00:58:48	Mrosowski	Ingo		1973	33	M45	00:57:52
230	M	00:58:49	Mika	Sven	Rad Mika	1971	34	M45	00:58:34
231	M	00:58:54	Seidel	Arne	OTV Endurance Team	1976	32	M40	00:58:42
232	M	00:58:54	Seedorf	Uwe	DJK Novesia Neuss	1970	35	M45	00:58:29
233	M	00:58:54	Piotrowski-Bölt	Bernhard	Genuss	1970	36	M45	00:58:50
234	M	00:58:54	Willecke	Sven	BSG Sparkasse Neuss	1976	33	M40	00:58:33
49	W	00:58:54	Lingk	Iris	TuS 82 Opladen	1974	10	W45	00:58:09
235	M	00:58:56	Hess	Rüdiger	LT Krefeld-Oppum	1956	6	M60	00:58:19
236	M	00:59:01	Oehme	Karsten	Lt TuS Mondorf	1967	37	M50	00:58:22
237	M	00:59:01	Bonrad	Peter		1975	34	M40	00:58:26
50	W	00:59:01	Dietzschold	Beate	BSV Aptiv	1964	4	W55	00:58:45
238	M	00:59:04	Martens	Lejon		1974	37	M45	00:58:35
239	M	00:59:06	Pick	Jan	INEOS Köln	2001	5	MJ U20	00:59:01
240	M	00:59:06	Linke	Frank	TV Frisch Auf Lennep	1962	26	M55	00:58:36
241	M	00:59:06	Ohn	Roland		1970	38	M45	00:58:30
242	M	00:59:07	Tautges	Burkhard		1967	38	M50	00:58:24
243	M	00:59:07	Angermann	Jörg		1967	39	M50	00:58:39
51	W	00:59:08	Leutgeb	Jenni	Hildener AT	1985	6	W30	00:58:11
244	M	00:59:09	Führes	Steffen		1983	29	M35	00:58:39
245	M	00:59:10	Klein	Olaf		1978	35	M40	00:58:50

246	M	00:59:11	Lünendonk	Lothar	Team Crazyluenis Korschenbroich	1952	6	M65	00:58:52
247	M	00:59:14	Zwick	Horst	TSV Bayer Dormagen	1963	27	M55	00:58:30
248	M	00:59:15	Bentler	Roman	Lauftreff Vietenheide	1967	40	M50	00:59:02
249	M	00:59:16	Reiss	Stephan	Margarethenhof Rheinfeld	1971	39	M45	00:58:35
250	M	00:59:16	Weckbach	Klaus		1978	36	M40	00:58:09
251	M	00:59:17	Lünendonk	Patrick	Team Crazyluenis Korschenbroich	1988	22	M30	00:59:00
252	M	00:59:18	Hagelkreutz	Thomas		1974	40	M45	00:58:11
253	M	00:59:21	Risse	Wolfgang	Kanu Club Hilden	1966	41	M50	00:58:51
254	M	00:59:23	Kather	Klemens		1962	28	M55	00:58:14
52	W	00:59:24	Tschampel	Nina	Ultraviolett	1979	10	W40	00:58:56
255	M	00:59:25	Holtkötter	Olaf		1971	41	M45	00:59:03
256	M	00:59:26	Schröer	Andreas	LC Duisburg	1965	42	M50	00:58:53
257	M	00:59:27	Holz	Sebastian	Rhein-Erft-Runner	1987	23	M30	00:59:11
258	M	00:59:27	Liebig	Thomas	INEOS Köln	1981	30	M35	00:58:59
259	M	00:59:29	Tolksdorf	Markus	Wir lassen nicht locker	1985	24	M30	00:59:14
260	M	00:59:29	Nellessen	Andreas	SG Neukirchen-Hülchrath	1963	29	M55	00:59:20
53	W	00:59:30	Junghanns	Tina	Ultraviolett	1984	8	W35	00:59:02
261	M	00:59:31	Pelzer	Kai		1982	31	M35	00:59:12
262	M	00:59:32	Olgun	Sezgin	Team Olgun Automobile	1968	43	M50	00:59:07
263	M	00:59:34	Laufenberg	Heinz	Lonesome	1956	7	M60	00:59:17
264	M	00:59:36	Arik	Merih	Team Olgun Automobile	1989	25	M30	00:59:12
265	M	00:59:37	Kenter	Sebastian		1960	30	M55	00:59:31
266	M	00:59:40	Laese	Christian		1951	7	M65	00:59:33
54	W	00:59:40	Alexandre	Teresa	LKD Düsseldorf	1970	11	W45	00:59:32
267	M	00:59:41	Vettorel	Werner		1977	37	M40	00:59:26
268	M	00:59:42	Kerski	Sebastian	Bayer CropScience	1986	26	M30	00:58:56
269	M	00:59:45	Kalkofen	Rainer		1976	38	M40	00:58:14
270	M	00:59:49	Vorwerk	Johannes	Dormagen	1982	32	M35	00:59:17
55	W	00:59:49	Siebertz	Miriam	TV Forsbach	1970	12	W45	00:59:37
271	M	00:59:50	Chang	Hei Nam	Dormagen	1951	8	M65	00:59:30
56	W	00:59:52	Elle-Hüren	Nicole	TSV Solingen	1974	13	W45	00:59:44
272	M	00:59:53	Schröder	Norbert	TK Grevenbroich	1963	31	M55	00:58:59
273	M	00:59:54	Everts	Frank		1959	8	M60	00:59:36

57	W	00:59:54	Seidel	Heike		1978	11	W40	00:59:36
274	M	00:59:58	Holzauer	Axel	LT TUS Mondorf	1960	32	M55	00:59:21
275	M	00:59:59	Teich	Guido	elipsLife	1975	39	M40	00:59:29
276	M	01:00:00	Meissner	Jan		1997	34	M	00:59:04
58	W	01:00:02	Rabes	Yvonne	elipsLife	1975	12	W40	00:59:33
277	M	01:00:03	de Graeve	Marcel		1981	33	M35	00:58:53
278	M	01:00:04	Lototzis	Nikolaos	Bayer CropScience	1971	42	M45	00:59:45
279	M	01:00:10	Wilhelm	Patrick	Destination Anywhere	1978	40	M40	00:59:45
280	M	01:00:11	Mosmondor	Dean	HM-Projects	1972	43	M45	00:59:08
281	M	01:00:11	Studzinski	Georg	It friedrichsberg	1952	9	M65	00:59:50
282	M	01:00:13	Krieger	Christoph	ohne Kapuze	1985	27	M30	00:58:56
283	M	01:00:13	Brünger	Eike	Dormagen	1967	44	M50	00:59:42
284	M	01:00:15	Pack	Carsten	BSG Sparkasse Neuss	1976	41	M40	00:59:39
59	W	01:00:15	Klois	Elisabeth	LG Donatus Erftstadt	1978	13	W40	00:59:55
285	M	01:00:18	Gallina	Pasquale		1979	42	M40	00:59:50
286	M	01:00:18	Redetzke	Alexander		1993	35	M	01:00:01
287	M	01:00:21	Brünger	Helge	Hamburg	1965	45	M50	00:59:50
60	W	01:00:21	Drees	Sandra		1982	9	W35	01:00:02
288	M	01:00:25	Baum	Luca	Tennis-Zons	2003	7	MJ U18	00:59:57
289	M	01:00:26	Dingel	Wolfgang	Hilden	1951	10	M65	00:59:17
290	M	01:00:28	Tull	Matthias	gute-beine	1967	46	M50	00:59:47
291	M	01:00:30	Köppinger	Michael		1981	34	M35	00:59:36
292	M	01:00:30	Rosenau	Fynn		1982	35	M35	01:00:10
293	M	01:00:31	Eikenberg	Marc	Moerser TV	1969	47	M50	01:00:07
294	M	01:00:32	Butkereit	Andre	Funlaufen	1973	44	M45	00:59:47
295	M	01:00:33	Schlecht	Mathias		1980	36	M35	00:59:57
296	M	01:00:35	Knipprath	Christoph		1980	37	M35	00:59:43
297	M	01:00:37	Ilbertz	Hubert	TV Arnoldsweiler	1962	33	M55	01:00:24
298	M	01:00:38	Führes	Hauke		1980	38	M35	01:00:08
299	M	01:00:39	Kreß	Lothar	ASC Rosellen	1958	9	M60	01:00:14
61	W	01:00:39	Michel	Anne	ASC Rosellen	1985	7	W30	01:00:14
300	M	01:00:40	Haas	Tim	Die Laufburschen	2002	8	MJ U18	01:00:24
301	M	01:00:41	Haas	Markus	Die Laufburschen	1968	48	M50	01:00:25

302	M	01:00:42	Hilgers	Michael		1976	43	M40	00:59:57
303	M	01:00:45	Lange	Jörg		1981	39	M35	00:59:44
304	M	01:00:47	Leuker	Christoph		1966	49	M50	01:00:24
305	M	01:00:48	Hessels	Arne	AS Neukirchen-Vluyn	1966	50	M50	01:00:34
306	M	01:00:49	Groß	Philipp	Destination Anywhere	1989	28	M30	01:00:25
62	W	01:00:50	Krieger	Elisabeth		1977	14	W40	01:00:12
307	M	01:00:58	Offers	Hugo	Bayer CropScience	1964	34	M55	01:00:44
308	M	01:00:58	Dräger	Dirk	Team LEMD	1973	45	M45	01:00:09
309	M	01:01:00	Schneider	Frank	Grevenbroich	1969	51	M50	01:00:52
63	W	01:01:01	Schuchert	Petra	TV Refrath	1974	14	W45	01:00:49
64	W	01:01:05	Lang	Judith		1968	4	W50	01:00:31
310	M	01:01:07	Brzeszczykowski	Christoph	LT Ohler	1978	44	M40	01:00:20
65	W	01:01:09	Brachthäuser	Katharina	Flinke Füchschen	1989	8	W30	01:00:08
311	M	01:01:11	Wojdyla	Matthias		1980	40	M35	01:00:10
312	M	01:01:12	Hruby	Marcel	Die Turboschnecke	1985	29	M30	01:00:51
313	M	01:01:15	Bergande	Johannes Roland	WiSo-Warriors	1996	36	M	01:00:51
314	M	01:01:25	Bücker	Theo	Lauftreff Alt-Erkrath	1953	11	M65	01:01:19
315	M	01:01:25	Birkendorf	Klaus	Tri-Geckos Dortmund	1971	46	M45	01:00:31
316	M	01:01:26	Weber	Steffen	Die verrückten aus der 17	1985	30	M30	01:00:01
317	M	01:01:27	Krey	Daniel	Rhein Kreis Neuss	1979	45	M40	01:01:11
318	M	01:01:28	Spiestersbach	Karsten	Oer-Erkenschwick	1970	47	M45	01:00:35
319	M	01:01:29	Noß	Michael	Wir lassen nicht locker	1974	48	M45	01:01:14
66	W	01:01:30	Greven	Chantal	Mach3 Köln	1992	9	W	01:01:03
320	M	01:01:31	Fervers	Heribert		1958	10	M60	01:01:11
321	M	01:01:33	Endrijautzki	Gerd	LT Friedrichsberg Wuppertal	1950	12	M65	01:01:13
322	M	01:01:37	Deckmann	Frank	Söhne Uessems	1981	41	M35	01:01:03
323	M	01:01:45	Fleuth	Ulrich	Vodafone Runners	1963	35	M55	01:00:38
324	M	01:01:47	Langen	Thomas		1970	49	M45	01:01:22
325	M	01:01:49	Kruse	Emil	AS CS Fronrunner	1986	31	M30	01:01:37
326	M	01:01:51	Hassenberg	Sascha		1972	50	M45	01:00:52
327	M	01:01:51	Regner	Georg	Uedesheim	1969	52	M50	01:00:44
328	M	01:01:52	Gräber	Ulf	FTV Düsseldorf	1972	51	M45	01:00:41
67	W	01:01:53	Gröger	Larissa	LG Gummersbach	1995	10	W	01:01:05

329	M	01:01:55	Zänder	Lukas	Laktatjunkies Rheinland	1994	37	M	01:01:01
330	M	01:01:57	Voigt	Stefan	Laktatjunkies Rheinland	1974	52	M45	01:01:04
331	M	01:01:59	Müller	Gerrit		1974	53	M45	01:00:40
68	W	01:02:05	Voißel	Gertrud	Neuss	1970	15	W45	01:01:12
332	M	01:02:14	Hosang	Michael	Crossfit am Rhein	1961	36	M55	01:00:59
69	W	01:02:20	Boehme	Nina	Team Fivestar	1969	5	W50	01:01:49
333	M	01:02:22	Liebl	Martin		1971	54	M45	01:02:00
70	W	01:02:25	Schulz	Anja	Sc Bayer Uerdingen 05	1979	15	W40	01:02:01
334	M	01:02:29	Pozzi	Emanuele	Köln	1989	32	M30	01:01:16
335	M	01:02:31	Neupert	Klaus		1986	33	M30	01:01:48
336	M	01:02:33	Gaspers	Klaus	Funlaufen	1966	53	M50	01:02:00
337	M	01:02:34	Tuzcu	Mehmet-Ali	Bayer CropScience	1974	55	M45	01:01:59
338	M	01:02:34	Hohenecker	Stefan		1968	54	M50	01:01:14
71	W	01:02:34	Willecke	Anna	BSG Sparkasse Neuss	1978	16	W40	01:02:13
339	M	01:02:35	Leers	Christian	SCB Horrem	1968	55	M50	01:01:28
340	M	01:02:37	Scholten-Reintjes	Johannes		1982	42	M35	01:01:05
341	M	01:02:40	Gancarz	Wojtek		1971	56	M45	01:01:06
342	M	01:02:40	Bahr	Alexander		1963	37	M55	01:01:06
343	M	01:02:42	Schielke	Uwe	TC Bayer Dormagen	1971	57	M45	01:01:55
344	M	01:02:42	Brimmers	Stefan	Margarethenhof Rheinfeld	1964	38	M55	01:02:02
345	M	01:02:42	Baier	Jürgen	TuS 05 Quettingen	1964	39	M55	01:02:06
72	W	01:02:42	Baier	Gerrit	TuS 05 Quettingen	1966	6	W50	01:02:07
73	W	01:02:43	Kölling	Beate		1978	17	W40	01:01:25
346	M	01:02:46	Oßwald	Bernd	LT Alt Erkrath	1961	40	M55	01:02:30
74	W	01:02:47	Dethmann	Cornelia		1992	11	W	01:01:31
75	W	01:02:52	Müller	Nicole	SFD 75 Düsseldorf	1974	16	W45	01:02:36
347	M	01:02:53	Drubel	Clemens	gute-beine	1961	41	M55	01:02:13
348	M	01:02:54	Kiefaber	Wolfgang	TV Steinforth - Rubbelrath	1958	11	M60	01:02:32
349	M	01:02:55	Schaffrath	Henry	Bin mit Kalle G-Star Lager	1975	46	M40	01:02:07
76	W	01:02:55	Kasek	Aline	RTB Remscheid	1992	12	W	01:02:08
77	W	01:02:55	Pabel	Paula		1990	13	W	01:02:34
350	M	01:02:56	Kuhl	Oliver	LLG 80 Nordpark Köln	1967	56	M50	01:01:59
351	M	01:02:57	Walenczak	Sandro	REWE Bernd Uderhardt	1993	38	M	01:02:04

352	M	01:02:57	Podzus	Horst		1961	42	M55	01:02:18
78	W	01:02:59	Kroggel	Nicole	LLG 80 Nordpark Köln	1966	7	W50	01:01:59
79	W	01:03:03	Lange	Dagmar		1971	17	W45	01:02:33
353	M	01:03:04	Einfeldt	Alexander	INEOS Köln	1984	43	M35	01:01:45
80	W	01:03:05	Grossenbacher	Elke	Kerpen	1960	5	W55	01:02:41
81	W	01:03:05	Weide	Michaela	Sportsfreunde Ehrenfeld	1976	18	W40	01:02:17
354	M	01:03:06	Houwen	Frank	DJK Rheydt	1970	58	M45	01:02:52
355	M	01:03:10	Ruhle	Tobias	Hildener AT	1982	44	M35	01:02:12
356	M	01:03:18	Richter	Michael		1967	57	M50	01:02:42
357	M	01:03:20	Messing	Mark		1971	59	M45	01:02:38
358	M	01:03:20	Scholz	Bernhard	BSG Commerzbank Düsseldorf	1967	58	M50	01:02:32
359	M	01:03:21	Köllner	Sigurd	Adler Langlauf Bottrop	1963	43	M55	01:02:22
360	M	01:03:22	Grzibek	Johannes		1975	47	M40	01:01:52
361	M	01:03:22	Neugebauer	Robin-Linus		1993	39	M	01:02:43
82	W	01:03:23	Hilden	Ute		1970	18	W45	01:02:55
362	M	01:03:31	Flechtner	Markus		1969	59	M50	01:02:21
363	M	01:03:32	Hagen	Andreas	Running Team Grafenberg	1972	60	M45	01:02:58
364	M	01:03:33	Jacob	Marcus	FMCCJ	1972	61	M45	01:03:13
365	M	01:03:37	Opgen-Rhein	Mathias	BSG Sparkasse Neuss	1982	45	M35	01:03:02
366	M	01:03:39	Schmitz	Christian	1. FC Köln	1985	34	M30	01:02:38
367	M	01:03:40	Paas	Marcel	INEOS Köln	1980	46	M35	01:02:49
83	W	01:03:40	Theodoridou	Eleni	SFD 75 Düsseldorf	1975	19	W40	01:03:23
84	W	01:03:41	Johnson	Cathy		1970	19	W45	01:02:59
85	W	01:03:42	Bisping	Antje	Düsseldorf	1973	20	W45	01:03:10
86	W	01:03:43	Nowak	Simone		1975	20	W40	01:03:11
368	M	01:03:45	Eich	Jörg	LT TuS Mondorf	1964	44	M55	01:03:07
369	M	01:03:49	Rosenberger	Erwin		1957	12	M60	01:02:58
370	M	01:03:52	Roeben	Stephan	Bayer CropScience	1987	35	M30	01:02:59
371	M	01:03:56	Rabeneck	Nils	Pilates bewegt	2003	9	MJ U18	01:02:32
372	M	01:04:00	Ley	Thomas	Lt Rösratherstraße	1965	60	M50	01:03:00
373	M	01:04:00	Schurig	Jörg	DB Running Stars	1980	47	M35	01:03:25
87	W	01:04:01	Goebbels	Jacqueline		1978	21	W40	01:03:37
374	M	01:04:02	Dohmen	Robert	Laufen Lassen	1985	36	M30	01:03:26

375	M	01:04:02	Hampel	Steffen		1987	37	M30	01:03:44
376	M	01:04:02	Günzel	Torsten	SG Zons	1975	48	M40	01:03:45
377	M	01:04:09	Kusters	Mark	Laufftreff Alt-Erkrath	1970	62	M45	01:03:36
378	M	01:04:10	Clemens	Marius	Fuchs & Hase	1987	38	M30	01:03:21
379	M	01:04:10	Bagh	Mirco		1979	49	M40	01:03:37
88	W	01:04:10	Küpper	Hannah	Fuchs & Hase	1992	14	W	01:03:21
380	M	01:04:15	Richrath	Thomas		1967	61	M50	01:03:49
381	M	01:04:16	Michels	Jürgen	Dormagen	1971	63	M45	01:03:56
382	M	01:04:16	Paetow	Michael	INEOS Köln	1981	48	M35	01:03:47
383	M	01:04:18	Friese	Thomas		1965	62	M50	01:03:03
384	M	01:04:19	Lorenz	Oliver	Avanti Millrath	1994	40	M	01:02:48
385	M	01:04:21	Baikowski	Christian	TG Stürzelberg	1967	63	M50	01:04:03
386	M	01:04:25	Hüber	Andreas		1980	49	M35	01:04:13
387	M	01:04:28	Metzinger	Jürgen	Chemion Logistik GmbH	1967	64	M50	01:03:43
388	M	01:04:30	Gaspers	Christoph		1986	39	M30	01:03:24
89	W	01:04:30	Düssel	Johanna	FC Straberg	1994	15	W	01:03:35
389	M	01:04:31	Groß	Markus	SV Mellas Siegburg	1972	64	M45	01:03:30
90	W	01:04:32	Benske	Anne		1985	9	W30	01:03:12
390	M	01:04:34	Bössow	Thomas	Die Jägermeister	1985	40	M30	01:03:27
391	M	01:04:35	Röhrkasten	Axel		1955	13	M60	01:04:04
392	M	01:04:35	Seidel	Alexander	HHU Running Heads	1987	41	M30	01:03:45
91	W	01:04:36	Schäfer	Karin	Neuss	1961	6	W55	01:04:11
393	M	01:04:39	Ataman	Koray	HILT	1979	50	M40	01:03:52
92	W	01:04:39	Nellessen	Meike	SG Neukirchen-Hülchrath	1994	16	W	01:04:06
394	M	01:04:41	Peters	Piet	piet spiet tiem	1956	14	M60	01:04:18
395	M	01:04:43	Hein	Lars	Runners Point	1975	51	M40	01:04:12
396	M	01:04:43	Schütz	Carsten		1978	52	M40	01:03:48
93	W	01:04:44	Dünger	Petra		1976	22	W40	01:03:57
94	W	01:04:44	Johann	Katja		1971	21	W45	01:03:57
397	M	01:04:45	Hartmann	Tim		1991	41	M	01:03:50
398	M	01:04:45	Lentz	Markus	SG Neukirchen-Hülchrath	1967	65	M50	01:04:10
399	M	01:04:56	Rex	Thorsten		1984	50	M35	01:03:53
95	W	01:04:58	Mühlegger-Leers	Elke	SCB Horrem	1968	8	W50	01:04:41

96	W	01:04:59	Geller	Vera		1989	10	W30	01:04:01
400	M	01:05:00	Danisch	Gregor	INEOS Köln	1980	51	M35	01:04:10
401	M	01:05:00	Imig	Rolf		1975	53	M40	01:03:09
402	M	01:05:01	Moritz	Frank	DAW Runner	1969	66	M50	01:03:47
403	M	01:05:06	Simon	Ralf	Bayer CropScience	1969	67	M50	01:04:49
404	M	01:05:06	Jürgensen	Hartmut	Wupperforellen	1960	45	M55	01:04:21
405	M	01:05:07	Priebus	Ulrich	Wupperforellen	1949	3	M70	01:04:22
406	M	01:05:07	Glemann	Florian	INEOS Köln	1977	54	M40	01:03:54
407	M	01:05:11	Purrio	Andreas	TV Rheindahlen	1966	68	M50	01:04:57
408	M	01:05:11	Tontsch	Rüdiger	LC Weilerswist	1960	46	M55	01:04:21
409	M	01:05:13	Marseille	Martin	TV Witzhelden	1953	13	M65	01:03:52
410	M	01:05:13	Kottmann	Stephan		1969	69	M50	01:05:00
411	M	01:05:16	Becker	Walter	LLG 80 Nordpark Köln	1944	1	M75	01:05:05
97	W	01:05:16	Rauen	Angelika		1983	10	W35	01:04:51
98	W	01:05:18	Binsfeld	Lydia	LLG 80 Nordpark Köln	1972	22	W45	01:04:20
412	M	01:05:20	Dohmen	Axel	Laufen Lassen	1987	42	M30	01:04:44
413	M	01:05:21	Nave	Stefan		1977	55	M40	01:04:40
414	M	01:05:22	Berkel	Henrik		1972	65	M45	01:04:03
415	M	01:05:22	Globisch	Kornel	DB RunningStars	1972	66	M45	01:04:47
99	W	01:05:22	Adam	Doro	Lauftreff Alt-Erkrath	1964	7	W55	01:04:48
416	M	01:05:23	Hanses	Daniel	ohne Kapuze	1986	43	M30	01:04:06
100	W	01:05:24	Haarer	Britta		1971	23	W45	01:05:13
417	M	01:05:25	Schlaefke	Dieter	DJK Adler 07 Bottrop	1948	4	M70	01:04:20
418	M	01:05:27	Gemmer	Maurizio	Zons	1984	52	M35	01:04:49
419	M	01:05:28	Schäfer	Heribert		1949	5	M70	01:03:58
101	W	01:05:29	Comeyne	Christina		1990	17	W	01:04:48
420	M	01:05:30	Pick	Tobias	Allerheiligen Hood neV.	1976	56	M40	01:04:56
421	M	01:05:30	Skrobranek	Christian		1981	53	M35	01:03:55
102	W	01:05:30	Räse	Stephanie	KG Ahl Dormagener Junge	1986	11	W30	01:05:19
103	W	01:05:33	Mertens	Nadine	Aachen	1996	18	W	01:04:37
104	W	01:05:33	Magnus	Antje		1965	9	W50	01:05:17
422	M	01:05:40	Pottkämper	Peter		1965	70	M50	01:04:17
423	M	01:05:40	Zimmer	Volker		1970	67	M45	01:04:17



424	M	01:05:42	Hansen	Dennis	ASC Rosellen	1994	42	M	01:04:45
425	M	01:05:42	Hansen	Jörg	ASC Rosellen	1969	71	M50	01:04:46
105	W	01:05:42	Ilbertz	Birgitta	TV Arnoldsweiler	1964	8	W55	01:05:29
426	M	01:05:45	Proenen	Karl-Heinz	LC Weilerswist	1959	15	M60	01:04:55
106	W	01:05:47	Jaquet	Veronique	Mach3 Köln	1977	23	W40	01:05:16
107	W	01:05:47	Dulak	Daniela	Pullheimer SC	1974	24	W45	01:05:17
427	M	01:05:48	Driewer	Frank	Crossfit am Rhein	1966	72	M50	01:04:34
428	M	01:05:50	Missbach	Peter	FC Straberg	1957	16	M60	01:04:40
108	W	01:05:55	Heidelbach	Stephanie	Lauftreff Kemperdick	1971	25	W45	01:05:28
429	M	01:05:56	Jenter	Andi	WSC Dormagen	1970	68	M45	01:05:47
430	M	01:05:58	Grote	Harald	LT Gruiten-Neandertal	1959	17	M60	01:04:34
109	W	01:05:59	Bürger	Marita	DJK Kleinenbroich	1984	11	W35	01:05:07
431	M	01:06:00	Berns	Klaus	KSV Moers	1958	18	M60	01:05:07
432	M	01:06:02	Daniel	Gale	SCB Horrem	1977	57	M40	01:05:45
433	M	01:06:04	Stollwerk	Udo	RTB Remscheid Marathonteam	1953	14	M65	01:04:49
434	M	01:06:07	Anft	Thomas	Bayer CropScience	1963	47	M55	01:05:31
110	W	01:06:07	Oehmen	Nicole	Bayer CropScience	1969	10	W50	01:05:31
111	W	01:06:10	Hauswald-Textoris	Maike	Rhein Kreis Neuss	1986	12	W30	01:05:55
435	M	01:06:11	Gorißen	Ludwig	Bergheim	1964	48	M55	01:05:44
436	M	01:06:11	Adamczyk	Franz		1952	15	M65	01:05:10
437	M	01:06:15	Mausberg	Jürgen		1962	49	M55	01:05:51
112	W	01:06:15	Mausberg	Marlene		1984	12	W35	01:05:52
438	M	01:06:16	Faber	Martin	WSC Bayer Dormagen	1987	44	M30	01:05:47
439	M	01:06:17	Stauber	Eduard	Zons	1983	54	M35	01:06:13
440	M	01:06:17	Namsler	Boris		1979	58	M40	01:05:15
441	M	01:06:18	Krüber	Stefan		1963	50	M55	01:06:02
113	W	01:06:21	Adolf	Lea Marie	Adolf-Frauen	1996	19	W	01:05:08
442	M	01:06:23	Schaffmeister	Ulrich	LT Alt Erkrath	1958	19	M60	01:05:46
443	M	01:06:23	Rohde	Christian	Lauftreff Alt-Erkrath	1976	59	M40	01:05:47
444	M	01:06:24	Uderhardt	Bernd	REWE Bernd Uderhardt	1960	51	M55	01:06:08
445	M	01:06:28	Schneider	Jens		1968	73	M50	01:05:29
114	W	01:06:29	Sugg	Marion	LLG 80 Nordpark Köln	1976	24	W40	01:05:31
446	M	01:06:34	Müsch	Dominik	Köln	1984	55	M35	01:04:53

115	W	01:06:36	Hajek	Verena	LLG 80 Nordpark Köln	1952	1	W65	01:06:06
447	M	01:06:43	Niemand	Andreas	Dormagen	1975	60	M40	01:05:38
448	M	01:06:45	Zimmer	Niclas		1996	43	M	01:05:49
449	M	01:06:46	Rupar	Reiner	Laufftreff Krefeld Oppum	1970	69	M45	01:05:38
450	M	01:06:47	Mey	Wolfgang	Viersen	1966	74	M50	01:06:32
116	W	01:06:55	Robben	Clarissa		1986	13	W30	01:06:38
451	M	01:06:56	Haider	Christoph		1961	52	M55	01:06:08
452	M	01:06:58	Niepenberg	Bernhard	Stürzelberg	1965	75	M50	01:05:58
117	W	01:06:58	Lehmann	Sarah	TRIALrunners	1983	13	W35	01:06:34
453	M	01:07:00	Landen	Reinhold		1959	20	M60	01:06:33
118	W	01:07:00	Gunne	Carina		1966	11	W50	01:06:33
454	M	01:07:01	Krüger	Arndt		1969	76	M50	01:06:12
455	M	01:07:02	Rehse	Reinhard	FC Straberg	1951	16	M65	01:05:51
456	M	01:07:04	Peifer	Stephan	Team Läuftnix	1970	70	M45	01:05:38
457	M	01:07:04	Nüse	Thorsten	Moerser SC	1969	77	M50	01:06:15
458	M	01:07:06	Woock	Julian	Medicoreha	2000	6	MJ U20	01:07:01
459	M	01:07:10	Döring	Norbert	HILT/LT Oleander	1957	21	M60	01:06:24
460	M	01:07:10	Meves	Klaus	LT Oleander	1961	53	M55	01:06:24
461	M	01:07:13	Kirchhoff	Wilhelm		1969	78	M50	01:06:35
462	M	01:07:14	Girbig	Holger		1973	71	M45	01:06:04
463	M	01:07:16	Kohlmayer	Norbert	Bayer CropScience	1969	79	M50	01:06:29
119	W	01:07:16	Petersen	Jeanette		1976	25	W40	01:06:42
120	W	01:07:17	Heinen	Susanne	LC Weilerswist	1971	26	W45	01:06:27
464	M	01:07:18	Lamich	Rafael		1982	56	M35	01:06:15
465	M	01:07:20	Hauke	Werner		1991	44	M	01:05:45
466	M	01:07:21	Paredes Mendez	Denis Francisco		1984	57	M35	01:05:47
467	M	01:07:21	Flink	Matthias		1991	45	M	01:05:45
121	W	01:07:21	Schüler	Angelika	LT TuS Mondorf	1962	9	W55	01:06:43
122	W	01:07:25	Gaens	Brigitte	FC Grevenbroich Süd	1960	10	W55	01:06:01
468	M	01:07:32	Hanefl	Dirk	LT Fersengold	1963	54	M55	01:06:34
123	W	01:07:36	Rheindorf	Elisabeth		1974	27	W45	01:06:48
469	M	01:07:39	Plainer	Alfred		1949	6	M70	01:06:15
124	W	01:07:47	Peltzer	Nicole	KG Ponyhof	1980	14	W35	01:06:27

470	M	01:07:48	Wolvers	Frederik	LG Physio Euler	1993	46	M	01:06:23
125	W	01:07:48	Wegmann	Lena	Köln	1986	14	W30	01:06:28
471	M	01:07:51	Poeckel	Markus		1979	61	M40	01:06:30
126	W	01:07:51	Herrlein	Andrea	MST Laufpiont	1968	12	W50	01:07:27
472	M	01:07:53	Fuchs	Christian		1979	62	M40	01:06:17
473	M	01:07:56	Müllers	Udo	Rheydter TV	1965	80	M50	01:06:50
474	M	01:07:57	Sachse	Fabian	Collection in Action	1993	47	M	01:06:26
475	M	01:07:57	Viehrig	Axel		1975	63	M40	01:07:29
476	M	01:07:58	Faber	Thomas	WSC Bayer Dormagen	1957	22	M60	01:07:29
477	M	01:07:59	Koehler	Tom	Marathon Steinfurt	1970	72	M45	01:07:17
127	W	01:07:59	Koehler	Amelie	Marathon Steinfurt	2003	3	WJ U18	01:07:16
128	W	01:08:00	Hölmann	Sabine		1977	26	W40	01:07:14
478	M	01:08:07	Janßen	Peter	Vohwinkeler STV	1967	81	M50	01:07:54
479	M	01:08:08	Sander	Frank	TV Witzhelden	1968	82	M50	01:07:23
480	M	01:08:08	Hoffiller	Sascha		1981	58	M35	01:07:08
129	W	01:08:08	Vissel	Ines		1976	27	W40	01:07:24
481	M	01:08:09	Kallen	Christian	born to swim	2002	10	MJ U18	01:07:04
482	M	01:08:13	Müller	Peter		1964	55	M55	01:07:07
483	M	01:08:23	Zab	Gunnar	LF Trills 09	1970	73	M45	00:46:50
130	W	01:08:26	Schuchmann	Barbara	IAC Düren	1951	2	W65	01:07:50
131	W	01:08:27	Schillings	Johanna		1999	20	W	01:06:58
484	M	01:08:30	Dräger	Eric	Team LEMD	2003	11	MJ U18	01:07:41
132	W	01:08:30	Adolf	Heike	Adolf-Frauen	1972	28	W45	01:07:17
485	M	01:08:31	Weber	Ralf	Cityrunner 2009	1967	83	M50	01:07:58
133	W	01:08:32	Bordelius	Maria		1989	15	W30	01:07:03
134	W	01:08:36	Beckmann	Edith	Bayer CropScience	1976	28	W40	01:07:04
135	W	01:08:36	Chabowski	Stefanie		1987	16	W30	01:07:00
486	M	01:08:37	Fütterer	Martin		1986	45	M30	01:07:43
487	M	01:08:42	Schädlich	Lothar		1967	84	M50	01:08:05
136	W	01:08:49	Holzborn	Patricia		1979	29	W40	01:08:01
137	W	01:08:51	Lohrer	Iris	Alles and Liebe	1971	29	W45	01:08:04
138	W	01:08:58	Rausch	Mechthild		1971	30	W45	01:08:11
488	M	01:09:01	Schlueter	Oliver	Bayer CropScience	1973	74	M45	01:08:11

489	M	01:09:02	Bebber	Jörg		1965	85	M50	01:08:47
490	M	01:09:02	Ebert	Eckhard		1964	56	M55	01:08:48
491	M	01:09:03	Wermuth	Jan		1986	46	M30	01:07:52
492	M	01:09:04	Goldbach	Sebastian	1. FC Köln	1979	64	M40	01:08:03
139	W	01:09:06	Hubrach	Julia	Laufen gegene Leiden	1981	15	W35	01:08:21
493	M	01:09:10	Moinolt	Bernhard	TC Weilerswist	1949	7	M70	01:08:24
494	M	01:09:12	Franz	Peter		1954	17	M65	01:08:51
140	W	01:09:12	Ritgens	Christiane		1964	11	W55	01:09:02
141	W	01:09:15	Eidmann	Katrin		1978	30	W40	01:08:58
495	M	01:09:16	Stammen	Pasqual		1982	59	M35	01:08:58
142	W	01:09:17	Dziwnik	Sandra		1980	16	W35	01:09:03
143	W	01:09:18	Mindt	Yvonne		1980	17	W35	01:08:27
496	M	01:09:19	Küsterameling	Dietmar	Breetlook Runners	1976	65	M40	01:08:15
497	M	01:09:20	Hynek	Marco		1974	75	M45	01:08:29
144	W	01:09:20	Bertram	Claudia		1975	31	W40	01:08:29
145	W	01:09:20	Pfaffenhöfer	Annette	Breetlook Runners	1968	13	W50	01:08:15
146	W	01:09:20	Skopnik	Kerstin		1977	32	W40	01:08:30
147	W	01:09:20	Plasberg	Aleksandra		1977	33	W40	01:08:30
498	M	01:09:21	Neidenberger	Dominik	DOMDEN	1982	60	M35	01:08:41
148	W	01:09:21	Heyer	Petra	Rhein Erft Runner	1975	34	W40	01:08:22
149	W	01:09:22	Grotjan	Birgit	TV Witzhelden	1962	12	W55	01:08:44
499	M	01:09:23	Göbel	Henning	Pullheimer SC	1944	2	M75	01:09:11
150	W	01:09:23	Berndt	Gabriele	TV Witzhelden	1961	13	W55	01:08:03
500	M	01:09:24	Heller	Peter	MST Laufpiont	1951	18	M65	01:08:07
151	W	01:09:24	Lenuck	Tatjana		1966	14	W50	01:09:09
501	M	01:09:25	Redetzke	Volker		1966	86	M50	01:08:30
152	W	01:09:27	Blaschke	Christina	Zack Banana's	1986	17	W30	01:08:10
502	M	01:09:29	Kessel	Dennis		1982	61	M35	01:07:54
503	M	01:09:32	Schäpers	Holger	TG Neuss	1960	57	M55	01:08:09
504	M	01:09:33	Bürger	Robert	Sloth Running Team	1983	62	M35	01:08:40
153	W	01:09:33	Hoang	Be	HM-Projects	1970	31	W45	01:08:51
154	W	01:09:33	Meyer	Carolin		1980	18	W35	01:08:40
505	M	01:09:34	Berndt	Bodo	TV Witzhelden	1960	58	M55	01:08:14

506	M	01:09:37	Vorstermanns	Daniel		1992	48	M	01:08:55
507	M	01:09:37	Vorstermanns	Peter	Kempen Prinzengarde	1961	59	M55	01:08:54
155	W	01:09:37	Hogrebe	Carina	FDP Dormagen	1982	19	W35	01:08:22
156	W	01:09:37	Harzheim	Marietta		1991	21	W	01:08:55
157	W	01:09:37	Vorstermanns	Gisela	Prinzengarde Kempen	1961	14	W55	01:08:55
508	M	01:09:45	Umansky	Andrej		1983	63	M35	01:08:23
509	M	01:09:46	Haseloer	Peter		1969	87	M50	01:08:49
510	M	01:09:50	Mannheim	Michael	LLG 80 Nordpark Köln	1946	8	M70	01:08:53
511	M	01:09:51	Wohlgemuth	Jürgen	LG Gummersbach	1958	23	M60	01:08:46
512	M	01:09:51	Hofmann	Michael	Welthungerhilfe	1959	24	M60	01:08:40
158	W	01:09:51	Flach	Marion	RTB-Remscheid Marathonteam	1956	1	W60	01:08:36
513	M	01:09:52	Dogruluk	Cem	CamData	1977	66	M40	01:08:29
514	M	01:09:55	Pohl	Walter	DARC	1963	60	M55	01:08:37
515	M	01:10:06	Bolten	Dietmar		1971	76	M45	01:08:44
159	W	01:10:08	Bisping	Simone	INEOS Köln	1973	32	W45	01:09:36
160	W	01:10:08	Fischer	Susann		1973	33	W45	01:09:37
516	M	01:10:11	Pilger	Andreas		1969	88	M50	01:08:47
517	M	01:10:12	Schardt	Michael	LSF Köln	1954	19	M65	01:09:35
518	M	01:10:14	Escher	Christoph	Angerland LT Lintorf	1966	89	M50	01:09:09
161	W	01:10:15	Hoang	Thu-Trang	HM-Projects	1967	15	W50	01:09:34
519	M	01:10:16	Hilger	Dirk	Trompete läuft	1964	61	M55	01:08:43
162	W	01:10:18	Esser	Marie		1994	22	W	01:09:45
520	M	01:10:19	Esser	Jürgen	OTV	1963	62	M55	01:09:45
521	M	01:10:20	Rücker	Michael	INEOS Köln	1987	47	M30	01:08:42
163	W	01:10:21	Niggemeier	Anja		1973	34	W45	01:10:02
522	M	01:10:22	Luckas	Jan		1962	63	M55	01:09:58
164	W	01:10:22	Manger-Jacob	Friederike	FMCCJ	1974	35	W45	01:10:01
523	M	01:10:23	Reimann	Bernd	THC-Brühl Die Optimisten	1955	25	M60	01:10:00
165	W	01:10:23	Zimmer	Lisa	FTV Düsseldorf	1987	18	W30	01:10:10
524	M	01:10:24	Beato	Toni		1961	64	M55	01:09:40
166	W	01:10:24	Tripp	Miriam		1985	19	W30	01:10:12
167	W	01:10:24	Plawecki	Ellen	FTV Düsseldorf	1985	20	W30	01:10:10
525	M	01:10:25	Meyer	Frank	TECTRION	1966	90	M50	01:09:03

526	M	01:10:25	Wüst	Joachim		1973	77	M45	01:08:53
527	M	01:10:25	Barth	Hans	TECTRION	1959	26	M60	01:10:03
528	M	01:10:28	Hilden	Timo		2000	7	MJ U20	01:09:59
529	M	01:10:30	Voges	Matthias	Köln	1975	67	M40	01:10:08
530	M	01:10:31	Ardalan	Markus	Randys Road Runners	1967	91	M50	01:10:09
531	M	01:10:31	Schmitz	Friedhelm	Randys Road Runners	1965	92	M50	01:10:08
168	W	01:10:31	Perlick	Ute	Lauftreff Wickrath	1971	36	W45	01:10:10
169	W	01:10:32	Lotz	Simone	LT Rennhamster	1976	35	W40	01:09:54
532	M	01:10:33	Stefen	Andreas		1975	68	M40	01:09:55
170	W	01:10:36	Berghoff	Maren	Überschallschnecken	1986	21	W30	01:09:46
171	W	01:10:36	Hoffmann	Maike	Überschallschnecken	1989	22	W30	01:09:46
172	W	01:10:36	Meierhöfer	Stephanie	BSG Sparkasse Neuss	1988	23	W30	01:09:43
533	M	01:10:44	Engel	Christopher		1986	48	M30	01:09:27
534	M	01:10:47	Dreißig	Daniel		1978	69	M40	01:10:03
535	M	01:10:47	Gerlach	Klaus-Peter	Rote Laterne Bilkd	1975	70	M40	01:10:04
536	M	01:10:48	Lang	Heiko	Eiserne Lunge Randkanal	2003	12	MJ U18	01:10:33
537	M	01:10:48	Lang	Günter	Eiserne Lunge Randkanal	1970	78	M45	01:10:09
173	W	01:10:48	Gerlach	Vanessa	Rote Laterne Bilkd	1978	36	W40	01:10:04
538	M	01:10:54	Jouhar	Bouchaib	Holiday Inn Düsseldorf-Neuss	1952	20	M65	01:10:10
539	M	01:10:58	Melzer	Andy	Bedburg Rhein Erft Runner	1977	71	M40	01:10:01
174	W	01:10:58	Stamen	Anja		1970	37	W45	01:09:49
540	M	01:10:59	Hildebrandt	Oliver	LSV Porz	1961	65	M55	01:10:24
541	M	01:11:10	Kreutner	Walter	Rote Laterne Bilk	1965	93	M50	01:10:28
175	W	01:11:11	Schaffert	Sonja		1986	24	W30	01:10:32
542	M	01:11:12	Schneider	Guido	Back on track	1963	66	M55	01:09:54
543	M	01:11:13	Lücke	Jörg		1967	94	M50	01:09:48
176	W	01:11:13	Slickers	Vero	3XERCISE Worringen	1974	38	W45	01:09:32
177	W	01:11:13	Hippe	Urte	Happy Hipples Running Team	1978	37	W40	01:09:53
544	M	01:11:14	Theuerkorn	Thomas	Rhein Kreis Neuss	1961	67	M55	01:10:48
178	W	01:11:14	Krey	Anne-Frederike	Rhein Kreis Neuss	1983	20	W35	01:10:47
545	M	01:11:17	Flach	Gerhard	RTB-Remscheid Marathonteam	1951	21	M65	01:09:59
546	M	01:11:18	Bösken	Frank	Die Knechte	1959	27	M60	01:09:57
179	W	01:11:19	Rudolph	Vera		1992	23	W	01:10:24

180	W	01:11:21	Fuhs	Silke	BSG Sparkasse Neuss	1973	39	W45	01:10:28
547	M	01:11:24	Osiewacz	Darius	Die Knechte	1984	64	M35	01:10:02
181	W	01:11:25	Tranzfeld	Carmen	IAC Düren	1983	21	W35	01:10:49
548	M	01:11:29	Boulton	Benjamin	INEOS Köln	1990	49	M	01:09:50
549	M	01:11:31	Eckstein	Bastian		1992	50	M	01:10:21
550	M	01:11:31	Schnierda	Jens	ASV Süchteln	1966	95	M50	01:11:00
182	W	01:11:31	Giljam	Karla	ASV Süchteln	1963	15	W55	01:10:59
183	W	01:11:32	Albert	Anke		1986	25	W30	01:09:59
551	M	01:11:33	Matzpreiksch	Peter		1966	96	M50	01:11:05
184	W	01:11:36	Schlitt	Tanja	Köln	1970	40	W45	01:10:22
185	W	01:11:40	Schlieck	Andrea	Die Stolpertruppe	1977	38	W40	01:10:26
552	M	01:11:42	Scharer	John	Angerland LT Lintorf	1966	97	M50	01:10:14
186	W	01:11:43	Bruch	Melanie	LT Kemperdick	1979	39	W40	01:11:15
553	M	01:11:45	Haas	Rene		1981	65	M35	01:10:23
554	M	01:11:45	Schiermoch	Patrick Dennis	INEOS Köln	1991	51	M	01:10:10
187	W	01:11:45	Grobholz	Melanie		1973	41	W45	01:10:23
188	W	01:11:45	Lübben	Michaela	Team Erdinger Alkoholfrei/ LG RWE Power	1981	22	W35	01:10:24
555	M	01:11:46	Großmann	Daniel	INEOS Köln	1991	52	M	01:10:08
556	M	01:11:48	Meyer	Karl-Heinz	KG Rot Weiss Feste Zons	1961	68	M55	01:10:28
189	W	01:11:48	Kroening	Rena		1982	23	W35	01:10:23
557	M	01:11:50	Wießner	Maximilian		1984	66	M35	01:10:41
190	W	01:11:50	Schäfer	Eva		1986	26	W30	01:10:19
191	W	01:11:52	Stirnat	Kathrin	Running Elements	1985	27	W30	01:10:37
192	W	01:11:56	Scheerer	Theresa		1991	24	W	01:11:06
558	M	01:12:00	Wurda	Werner	SC Fortuna Köln	1960	69	M55	01:10:16
559	M	01:12:03	Lehnen	Benjamin		1983	67	M35	01:10:40
560	M	01:12:03	Ostkamp	Thomas		1961	70	M55	01:11:05
193	W	01:12:03	Riemer	Karin		1967	16	W50	01:11:05
561	M	01:12:05	Agne	Patrick		1975	72	M40	01:10:50
194	W	01:12:09	Bruchholz	Roswitha		1952	3	W65	01:11:33
562	M	01:12:10	Poertzgen	Wolfram		1960	71	M55	01:10:58
195	W	01:12:11	Janssen	Hilde	TG Neuss	1954	4	W65	01:11:12
196	W	01:12:15	Kasek	Lydia	RTB Remscheid	1963	16	W55	01:11:28

563	M	01:12:16	Vorwerk	Gerhard	Haselünne	1955	28	M60	01:11:44
564	M	01:12:17	Döhne	Lars	Bergziegen	1975	73	M40	01:11:38
197	W	01:12:17	Berghoff	Sabrina		1980	24	W35	01:11:38
565	M	01:12:18	Kroll	Ingmar	Sabbel Larsi Ingmar Running Team	1979	74	M40	01:11:40
198	W	01:12:20	Koch	Tanja		1976	40	W40	01:11:25
566	M	01:12:23	Ferfers	Norbert	Lauffreunde Niers	1957	29	M60	01:10:58
199	W	01:12:23	Ferfers	Claudia	Lauffreunde Niers	1959	2	W60	01:10:58
567	M	01:12:27	Rugor	Gregor	Die Knechte	1985	49	M30	01:11:06
568	M	01:12:31	Stinnesbeck	Simon		1984	68	M35	01:11:12
569	M	01:12:35	Blank	Volker	FC Straberg	1977	75	M40	01:11:04
200	W	01:12:36	Burba	Nadine		1975	41	W40	01:11:19
570	M	01:12:40	Herden	Joerg		1963	72	M55	01:12:13
201	W	01:12:44	Sobieray	Miriam	Running Elements	1986	28	W30	01:11:30
202	W	01:12:45	Jasary	Petra	FC Grevenbroich Süd	1979	42	W40	01:11:20
571	M	01:12:46	Ferri	Christian	Breetlook Runners	1970	79	M45	01:11:39
572	M	01:12:47	Meyerling	Bernd		1961	73	M55	01:11:17
573	M	01:12:47	Beer	Felix	Collection in Action	1992	53	M	01:11:16
574	M	01:12:58	Peters	Stephan		1977	76	M40	01:11:51
575	M	01:13:03	Olgun	Mert	Team Olgun Automobile	1999	54	M	01:12:37
203	W	01:13:04	Engasser	Ariane		1982	25	W35	01:11:59
204	W	01:13:04	Affeld	Julia		1979	43	W40	01:11:58
205	W	01:13:04	Gummersbach	Silke	marathonteam-online	1972	42	W45	01:11:58
576	M	01:13:06	Pützer	Mark		1986	50	M30	01:11:50
577	M	01:13:06	Poschmann	Björn		1979	77	M40	01:11:50
578	M	01:13:09	Wanders	Andreas	Triathlon Team Düsseldorf	1957	30	M60	01:11:30
206	W	01:13:11	Karpinskyj	Maria	ASC Rosellen	1959	3	W60	01:12:35
579	M	01:13:12	Billert	Frank		1965	98	M50	01:11:43
207	W	01:13:12	Knez	Knez		1984	26	W35	01:11:42
208	W	01:13:16	Lenzig	Anne		1999	25	W	01:11:51
209	W	01:13:20	Bieß	Dörthe	Brauweiler	1970	43	W45	01:11:58
210	W	01:13:21	Schumacher	Dagmar	Brauweiler	1972	44	W45	01:11:57
211	W	01:13:26	Hiller	Karin		1990	26	W	01:12:38
212	W	01:13:27	Geerling	Franziska		1989	29	W30	01:12:38



213	W	01:13:28	Büttner	Ingrid	TuS 05 Quettingen	1959	4	W60	01:12:51
214	W	01:13:31	Hanefl	Nicole	LT Fersengold	1968	17	W50	01:12:32
580	M	01:13:32	Schermann	Manfred		1943	3	M75	01:12:29
215	W	01:13:32	Kampfer	Stefanie		1975	44	W40	01:12:56
581	M	01:13:33	Patz	Thorsten	REcklinghausen	1989	51	M30	01:12:26
582	M	01:13:41	Boecker	Thomas	Bayer CropScience	1960	74	M55	01:12:37
216	W	01:13:48	Faber	Elisabeth	WSC Bayer Dormagen	1958	5	W60	01:13:19
217	W	01:13:50	Köhler	Silke	LT MG-Volksgarten	1975	45	W40	01:12:48
583	M	01:13:52	Feller	Andreas	Brassert-Runner	1970	80	M45	01:12:49
584	M	01:13:52	Ulherr	Benno	Rader Laufjunkies	1966	99	M50	01:12:49
218	W	01:13:56	Rabeneck	Karin	Pilates bewegt	1969	18	W50	01:12:33
585	M	01:13:58	Goldbach	Dominik		1990	55	M	01:12:55
586	M	01:13:58	Goldbach	Reiner	SG Zons	1954	22	M65	01:12:55
219	W	01:14:05	Büttner	Kerstin	Köln Lövenich	1971	45	W45	01:12:43
587	M	01:14:06	Joller	Christoph	DAW Runner	1978	78	M40	01:12:52
588	M	01:14:08	Hepperle	Jens	Bayer CropScience	1970	81	M45	01:12:59
220	W	01:14:08	Zucht	Dagmar		1962	17	W55	01:13:31
221	W	01:14:11	Graevenstein	Claudia	TuS 08 Lintorf	1966	19	W50	01:13:30
222	W	01:14:13	Caspers-Sabel	Angelika	ASC Rosellen	1955	6	W60	01:13:16
589	M	01:14:14	Dreyer	Andreas		1976	79	M40	01:13:08
223	W	01:14:14	Kasimirowicz	Nicole	Fortunabrötchen	1970	46	W45	01:13:08
590	M	01:14:17	Oberdörfer	Stefan	Vereinslos	1959	31	M60	01:12:52
591	M	01:14:20	Uderhardt	Felix	REWE Bernd Uderhardt	1986	52	M30	01:13:27
224	W	01:14:37	Khelifa-Boekel	Esther	LT MG-Volksgarten	1970	47	W45	01:13:34
592	M	01:14:39	Danis	Evangelos		1974	82	M45	01:14:05
225	W	01:14:39	Danis	Melanie		1974	48	W45	01:14:05
593	M	01:14:42	Fierens	Dimitri	INEOS Köln	1980	69	M35	01:14:20
226	W	01:14:43	Loges	Nicole		1986	30	W30	01:13:58
594	M	01:14:47	Werner	Christian	INEOS Köln	1991	56	M	01:13:10
227	W	01:14:48	Sitterz	Birgitta	Breetlook Runners	1962	18	W55	01:13:43
595	M	01:14:50	Frank	Jens	Locagility Rudel	1975	80	M40	01:13:12
228	W	01:14:50	Walter	Corinna	Locagility Rudel	1978	46	W40	01:13:12
229	W	01:14:50	Görtz	Tatjana	Locagility Rudel	1983	27	W35	01:13:12

596	M	01:14:57	Brakemeier	Ulrich	Avanti Millrath	1959	32	M60	01:13:27
230	W	01:14:57	Brakemeier	Lotta	Avanti Millrath	1994	27	W	01:13:27
597	M	01:15:02	Schade	Christoph	Dormagen Horrem	1990	57	M	01:13:55
231	W	01:15:03	Wilden	Brigitte	MST Laufpiont	1958	7	W60	01:14:39
598	M	01:15:10	Uhe	Gregor		1964	75	M55	01:14:11
599	M	01:15:11	Krings	Michael	Lauftreff TBH	1961	76	M55	01:14:03
600	M	01:15:12	Sommer	Tim	INEOS Köln	1986	53	M30	01:13:57
232	W	01:15:12	Baur	Sonja	Lauftreff TBH	1957	8	W60	01:14:04
601	M	01:15:13	Buchartz	Stefan		1986	54	M30	01:13:57
602	M	01:15:13	Faßbender	Dennis		1987	55	M30	01:14:28
603	M	01:15:14	Benek	Hasan Basri	Opladen	1960	77	M55	01:13:43
604	M	01:15:17	Klumb	Martin	TECTRION	1969	100	M50	01:13:56
233	W	01:15:19	Ueberschär	Michaela		1966	20	W50	01:14:06
234	W	01:15:20	Block	Diana	Zons Forever	1984	28	W35	01:14:01
235	W	01:15:23	Wirtz	Verena		1981	29	W35	01:13:57
236	W	01:15:23	Seidel	Miriam	OTV Endurance Team	1976	47	W40	01:13:57
237	W	01:15:28	Tieke	Susanne	LT MG-Volksgarten	1970	49	W45	01:14:25
605	M	01:15:35	Schmegner	Martin	Wahner Laufkreisel	1963	78	M55	01:15:01
238	W	01:15:38	Schaffert	Eva		1984	30	W35	01:14:43
606	M	01:15:43	Hauptmann	Torsten	KG Ahl Dormagener Junge	1968	101	M50	01:15:22
607	M	01:15:47	Kupke	Jürgen		1972	83	M45	01:14:16
608	M	01:15:47	Koxholt	Reinhold	ASC Rosellen	1947	9	M70	01:15:30
239	W	01:15:47	Hendricks	Daniela		1980	31	W35	01:14:15
240	W	01:15:48	Walter	Nicole		1977	48	W40	01:15:04
241	W	01:15:50	Schidlowski	Carina		1986	31	W30	01:14:41
242	W	01:15:50	Fluß	Melanie		1982	32	W35	01:14:42
243	W	01:15:50	Albrecht	Sabine	Solingen	1979	49	W40	01:14:42
609	M	01:15:52	Kaulen	Marcus	Lahm Söck	1974	84	M45	01:14:41
610	M	01:15:52	Bergande	Ralph		1963	79	M55	01:14:40
611	M	01:15:54	Poschinski	Marco		1997	58	M	01:14:28
244	W	01:15:54	Moroz	Mia		2000	3	WJ U20	01:14:28
612	M	01:15:56	Schmiedel	Michael		1962	80	M55	01:14:45
245	W	01:16:04	Hochkamer	Liv		1992	28	W	01:14:39

246	W	01:16:04	Niekerke	Andrea		1986	32	W30	01:14:39
613	M	01:16:07	Eberhardt	Uwe	Cityrunner	1956	33	M60	01:15:15
247	W	01:16:07	Göger	Beate	LG Gummersbach	1965	21	W50	01:15:02
614	M	01:16:12	Wunder	Andreas	TG Neuss	1962	81	M55	01:15:34
248	W	01:16:15	Pölitz	Silvana	Lauftreff Alt-Erkrath	1980	33	W35	01:15:13
615	M	01:16:18	Biederbick	Renè		1970	85	M45	01:15:17
616	M	01:16:19	Pietzonka	Markus		1966	102	M50	01:14:57
249	W	01:16:19	Frischauf	Heike		1966	22	W50	01:15:03
250	W	01:16:19	Döring	Astrid		1966	23	W50	01:15:22
617	M	01:16:20	Dietrich	Kai	Wupperläufer	1981	70	M35	01:15:03
618	M	01:16:20	Möller	Karsten		1981	71	M35	01:15:05
251	W	01:16:21	Wodrig	Carolin		1987	33	W30	01:15:10
619	M	01:16:23	Prusko	Michael		1983	72	M35	01:15:11
252	W	01:16:25	Elle	Regina		1963	19	W55	01:15:13
253	W	01:16:25	Lackmann	Heike		1964	20	W55	01:15:01
254	W	01:16:25	Rothausen	Marion		1961	21	W55	01:15:13
255	W	01:16:27	Schneider	Sabine		1962	22	W55	01:15:17
620	M	01:16:31	Hardt	Georg	LG Gummersbach	1966	103	M50	01:15:26
256	W	01:16:31	Knitter	Andrea	LG Gummersbach	1964	23	W55	01:15:27
257	W	01:16:36	Hallmann	Kirstin		1978	50	W40	01:15:02
621	M	01:16:40	Stevens	Heinz	Just for Fun	1949	10	M70	01:15:29
258	W	01:16:41	Frey	Kirstina	LT Krefeld-Oppum	1992	29	W	01:15:19
622	M	01:16:45	Neumann	Joschka		1984	73	M35	01:15:05
259	W	01:16:45	Nessler	Katharina		1987	34	W30	01:15:05
260	W	01:16:51	Afan	Susi		1980	34	W35	01:15:25
261	W	01:16:51	Fenkl	Sandy	TSV Bayer Dormagen Tri	1980	35	W35	01:15:26
262	W	01:16:59	Skoczinski	Pia		1988	35	W30	01:15:54
263	W	01:17:03	Schütz	Nadine	EVL Botschafter	1988	36	W30	01:16:11
264	W	01:17:04	Gerhold	Diana	SRC Fritzlär	1966	24	W50	01:16:11
265	W	01:17:15	Kulpa	Manuela		1970	50	W45	01:16:00
266	W	01:17:16	Weise	Kerstin		1977	51	W40	01:15:39
623	M	01:17:19	Hoffmann	Michael		1966	104	M50	01:16:47
267	W	01:17:19	Krams	Sabine		1964	24	W55	01:16:46

624	M	01:17:24	Schlonsok	Hendrik	FTV Düsseldorf	1982	74	M35	01:16:12
625	M	01:17:28	Böhnke	Frank	Lauftreff TBH	1948	11	M70	01:16:20
626	M	01:17:28	Pelzer	Arnold	Lauftreff TBH	1959	34	M60	01:16:20
268	W	01:17:32	Bardenheuer	Silke	Brauweiler	1971	51	W45	01:16:09
627	M	01:17:36	Lesniak	Andreas		1981	75	M35	01:16:20
269	W	01:17:36	Lesniak	Sandra		1988	37	W30	01:16:18
628	M	01:17:39	Scheufen	Manfred	Bayer CropScience	1972	86	M45	01:16:40
629	M	01:17:40	Rudolph	Oskar		1963	82	M55	01:16:34
270	W	01:17:40	Weber	Maren	Dormagen	1997	30	W	01:16:39
271	W	01:17:40	Roy	Conny	Düsseldorf	1986	38	W30	01:16:40
272	W	01:17:43	Kurpiela	Marija	Lauftreff Alt-Erkrath	1980	36	W35	01:16:41
273	W	01:17:43	Rösler	Corinna	Lauftreff Alt-Erkrath	1983	37	W35	01:16:41
274	W	01:17:45	Führes	Melanie		1981	38	W35	01:17:15
630	M	01:17:48	Peters	Sergej		1984	76	M35	01:16:18
275	W	01:17:54	Bertram	Ina	RTB Remscheid	1964	25	W55	01:17:09
276	W	01:17:54	Kuras	Heike		1974	52	W45	01:16:19
277	W	01:17:57	Wandersleben	Angelika		1994	31	W	01:16:44
278	W	01:17:58	Behmert	Anja		1979	52	W40	01:16:41
279	W	01:17:59	Goch	Susanne	H. Schmincke & Co. GmbH & Co. KG	1971	53	W45	01:16:41
631	M	01:18:02	Steinke	Gerhard		1942	4	M75	01:16:44
632	M	01:18:04	Block	Marco	CR Runners	1967	105	M50	01:17:00
633	M	01:18:04	Heyn	Tobias	Trimones	1975	81	M40	01:17:00
280	W	01:18:04	Moll-Oedekoven	Nadine	Lauftreff Kemperdick	1982	39	W35	01:17:00
281	W	01:18:06	Henseler	Birgit		1969	25	W50	01:16:50
634	M	01:18:08	Schwabe	Michael	Bayer CropScience	1969	106	M50	01:17:13
635	M	01:18:15	Kannenwischer	Michael	Team Jüchen	1964	83	M55	01:16:48
282	W	01:18:15	Fikus	Michaela	Team Jüchen	1973	54	W45	01:16:48
283	W	01:18:15	Cepok	Ingrid	Alles and Liebe	1959	9	W60	01:17:28
636	M	01:18:18	Tix	Björn	RTB 1910	1981	77	M35	01:17:00
284	W	01:18:19	Paredes Mendez	Hannah		1981	40	W35	01:16:45
285	W	01:18:22	Scharfenberg	Denise	Roki Joggis	1990	32	W	01:17:12
637	M	01:18:27	Braun	Andreas	LT Dünwald TV	1973	87	M45	01:16:54
286	W	01:18:27	Braun	Stefanie	LT Dünwald TV	1973	55	W45	01:16:54

638	M	01:18:31	Alfes	Steffen		1967	107	M50	01:18:04
287	W	01:18:31	Alfes	Petra		1972	56	W45	01:18:03
639	M	01:18:32	Lincke	Fred		1950	23	M65	01:17:32
640	M	01:18:37	Koobs	Joshua	SV Bergisch Gladbach 09	2003	13	MJ U18	01:16:58
641	M	01:18:39	Gustav	Bernhard		1964	84	M55	01:17:19
288	W	01:18:41	Appenroth	Sara		1987	39	W30	01:17:59
289	W	01:18:41	Schmidt	Lisa		1991	33	W	01:17:59
642	M	01:18:42	Bender	Andreas	Sportweker	1970	88	M45	01:17:14
290	W	01:18:42	Rosarius	Anke	Laufen einfach Laufen	1968	26	W50	01:17:13
643	M	01:18:45	Freund	Andre		1971	89	M45	01:17:53
644	M	01:18:46	Schmidt	Heiko		1974	90	M45	01:17:46
291	W	01:18:46	Bierling	Sonja		1987	40	W30	01:17:23
645	M	01:18:47	Benning	Patrick		1988	56	M30	01:17:51
646	M	01:18:52	Leroi	Roland	LC Duisburg	1968	108	M50	01:17:24
292	W	01:18:52	Müller	Jasmin		1975	53	W40	01:17:23
293	W	01:18:53	Stechow	Katja	LC Duisburg	1973	57	W45	01:17:23
294	W	01:19:04	Sermon	Jana	Köln	1988	41	W30	01:17:52
647	M	01:19:05	Isermann	Patrick	Solingen	1994	59	M	01:18:08
295	W	01:19:14	Popp	Anke		1982	41	W35	01:17:45
648	M	01:19:15	Klimek	Tobias	LG Physio Euler	1997	60	M	01:17:50
296	W	01:19:24	Kremer	Andrea	Laufen einfach laufen in Düren und Jülich	1979	54	W40	01:17:55
297	W	01:19:28	Unverdorben	Sandra	Team Erdinger Alkoholfrei	1977	55	W40	01:18:43
649	M	01:19:39	Heubeg	Jens	MudBusters	1980	78	M35	01:18:23
650	M	01:19:39	Khamphasithivong	Saluomphone		1989	57	M30	01:18:23
298	W	01:19:45	Schlimgen	Annika		1992	34	W	01:19:05
299	W	01:19:45	Gehring	Jenny		1981	42	W35	01:18:12
651	M	01:19:46	Barteck	Jan	Laufen einfach Laufen in Düren	1980	79	M35	01:18:16
300	W	01:19:52	Rose	Ursula		1967	27	W50	01:18:54
652	M	01:19:58	Schalke	Thomas		1958	35	M60	01:19:15
301	W	01:20:00	Wätzold	Hannah	Die verrückten aus der 17	2000	4	WJ U20	01:18:35
302	W	01:20:00	Wätzold	Alexandra	Die verrückten aus der 17	1978	56	W40	01:18:35
303	W	01:20:22	Miggelbrink	Monika		1961	26	W55	01:19:09
304	W	01:20:23	Hengstebeck	Lisa		1994	35	W	01:19:41

653	M	01:20:24	Hengstebeck	Ralf		1961	85	M55	01:19:41
654	M	01:20:29	Weber	Ralf		1974	91	M45	01:19:03
305	W	01:20:29	Lamerichs	Andreana	Krefeld	1968	28	W50	01:19:02
306	W	01:20:29	Hoffrichter	Anja	Angerland LT Lintorf	1973	58	W45	01:19:02
655	M	01:20:33	Dagen	Andreas		1972	92	M45	01:19:01
307	W	01:20:33	Dargel	Claudia		1966	29	W50	01:19:01
308	W	01:20:35	Eismann	Isabelle	LG Physio Euler	1983	43	W35	01:19:10
656	M	01:20:38	Hass	Tom	Itter Igel	1964	86	M55	01:19:34
309	W	01:20:38	Küsgens	Marion	Itter Igel	1974	59	W45	01:19:34
310	W	01:20:41	Bergner-Döring	Anja	allways3 - Laufen in Remscheid	1966	30	W50	01:19:43
311	W	01:20:41	Beitzer	Ina	allways3 - Laufen in Remscheid	1971	60	W45	01:19:43
312	W	01:20:47	Kleipass	Johanna		2000	5	WJ U20	01:19:42
313	W	01:21:20	Geilenberg	Silke	Solingen	1977	57	W40	01:19:52
657	M	01:21:23	Kubat	Helmuth	TV Frisch Auf Lennep	1944	5	M75	01:19:44
658	M	01:21:46	Nijmeijer	Marten	LT Dünnwalder TV	1958	36	M60	01:20:13
314	W	01:22:09	vom Kothen	Pia	Collection in Action	1989	42	W30	01:20:38
659	M	01:22:14	Brakemeier	Fabian	Avanti Millrath	1984	80	M35	01:20:44
315	W	01:22:16	Wiese	Heike	Brauweiler	1966	31	W50	01:20:52
660	M	01:22:21	Wupperfeld	Markus	BV Wiesdorf	1971	93	M45	01:20:43
661	M	01:22:24	Bachert	Torsten		1965	109	M50	01:21:10
662	M	01:22:25	Zuniga-y-Rivero	Fernando		1968	110	M50	01:20:49
663	M	01:22:26	Polat	Sükür		1978	82	M40	01:21:43
664	M	01:22:34	Rey	Manfred	Gymnasium am Stadtpark Krefeld-Uerdingen	1968	111	M50	01:21:10
665	M	01:22:38	Schwanitz	Willi	Die Rennschweine	1964	87	M55	01:21:11
316	W	01:22:38	Schwanitz	Franziska		1999	36	W	01:21:10
317	W	01:23:03	Paas	Mirjam	Stommeln	1983	44	W35	01:22:12
318	W	01:23:05	Eller	Sonja		1975	58	W40	01:21:39
319	W	01:23:06	Eikenberg	Anja	MTV Moers	1969	32	W50	01:21:41
320	W	01:23:29	Kather	Monika	Roki Joggis	1971	61	W45	01:22:18
321	W	01:23:33	Zelck	Irene		1959	10	W60	01:22:03
666	M	01:23:42	Lang	Frank	Angerland LT Lintorf	1973	94	M45	01:22:15
322	W	01:23:42	Lang	Andrea	Angerland LT Lintorf	1968	33	W50	01:22:15
323	W	01:23:46	Weber	Rebecca		1983	45	W35	01:22:39

324	W	01:23:47	Eßlinger	Julia	Tri Familia	1983	46	W35	01:22:38
667	M	01:23:57	Dittmar	Steffen	Straberger Husaren	1970	95	M45	01:23:16
668	M	01:24:21	Kyrmanis	Timo		1994	61	M	01:23:03
669	M	01:24:25	Funken	Georg	Bauer Funken Team	1953	24	M65	01:23:01
670	M	01:24:55	Weber	Kai	KG Ahl Dormagener Junge	1966	112	M50	01:24:44
671	M	01:24:55	Weber	Rainer	TSV Nieukerk	1966	113	M50	01:23:46
325	W	01:24:55	Weber	Claudia	TSV Nieukerk	1971	62	W45	01:23:46
326	W	01:25:13	Schwamborn	Simone	Sonst ist Diego mein Trainer	1969	34	W50	01:23:40
327	W	01:25:18	Gottschaldt	Astrid	Rennschnecken	1979	59	W40	01:24:13
328	W	01:25:19	Gierszweski	Anna	Rennschnecken	1975	60	W40	01:24:13
329	W	01:25:19	Schlattmann	Alexandra	Roki Joggis	1971	63	W45	01:24:09
330	W	01:25:20	Brix	Yvonne	Roki Joggis	1970	64	W45	01:24:08
672	M	01:25:23	Kyrmanis	Apostolos		1992	62	M	01:24:04
673	M	01:26:31	Gabriel	David		1985	58	M30	01:25:27
331	W	01:26:31	Hecker	Maria		1990	37	W	01:25:27
674	M	01:27:00	Hühn	Oliver		1974	96	M45	01:26:31
332	W	01:27:00	Schifferer	Stefanie		1985	43	W30	01:26:32
675	M	01:27:25	Bahlmann	Leo		1988	59	M30	01:26:07
676	M	01:27:27	Raitza	Patrick	Leo	1985	60	M30	01:26:07
333	W	01:28:02	Wassill	Petra		1967	35	W50	01:27:33
334	W	01:28:03	Brockob	Marie-Corinna	Canicross Königsforst	1979	61	W40	01:26:29
677	M	01:28:12	Fagnoli	Ivano	INEOS Köln	1967	114	M50	01:26:44
335	W	01:28:12	Fagnoli	Bianca		1975	62	W40	01:26:44
678	M	01:28:23	D'Aggiano	Claudio	Collection in Action	2000	8	MJ U20	01:26:51
679	M	01:28:35	Hornig	Michael		1968	115	M50	01:27:21
336	W	01:28:35	Thiele	Viola		1972	65	W45	01:27:20
680	M	01:28:41	Rahimi-Adli	Keivan	INEOS Köln	1990	63	M	01:27:05
681	M	01:28:41	Beisheim	Gerd	Margarethenhof Rheinfeld	1954	25	M65	01:27:06
337	W	01:28:41	Alamo Alonso	Katharina	Margarethenhof Rheinfeld	1988	44	W30	01:27:06
682	M	01:28:42	Höfer	Thomas	INEOS Köln	1979	83	M40	01:27:06
338	W	01:28:43	Rauwald	Ulrike		1965	36	W50	01:27:40
339	W	01:28:59	Scheuch	Jenny	Mr.&Mrs.	1986	45	W30	01:28:00
683	M	01:29:05	Kölling	Romy		1982	81	M35	01:28:54

340	W	01:29:06	Becker	Susanne		1986	46	W30	01:28:56
684	M	01:29:41	Michler	Maik	Mr.&Mrs.	1986	61	M30	01:28:42
685	M	01:31:13	Becherer	Janne	DJK Holzbüttgen	2002	14	MJ U18	01:30:01
341	W	01:31:33	Imig	Diborah	Pulheim	1974	66	W45	01:29:53
342	W	01:32:06	Becherer	Sabine	DJK Novesia 1919 Neuss	1965	37	W50	01:30:53
686	M	01:33:30	Caputo	Guissepe		1965	116	M50	01:32:47
343	W	01:33:57	Marcus	Ricarda	Reinshagener TB	1957	11	W60	01:33:13
687	M	01:36:03	Born	Borfs	born to swim	1996	64	M	01:34:55
344	W	01:36:03	Harlos	Lena Marie	born to swim	2000	6	WJ U20	01:34:55
345	W	01:36:04	Badin Gross	Ellen	Bauer Funken Team	1966	38	W50	01:34:42
688	M	01:45:06	Haarmann	Gerhard Josef	Schwelm	1938	1		01:44:19
689	M	01:45:27	Devine	Dave	Wine Spirit	1964	88	M55	01:44:14
346	W	01:45:28	Biewers	Eileen	Wine Spirit	1989	47	W30	01:44:15





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