

Leverkusen Winterlaufserie

Midi Serie (10km / 10km / 10km) - Gesamtwertung

Männer

Ges.Pl.	Nr.	Name Vorname	Verein/*Ort	Gesamt	AK	AK-Pl.	10km	10km	10km
1	463	Dasch Thomas	SSF Bonn	1:50:00	M30	1	0:36:48	0:36:35	0:36:36
2	488	Maahs Jochen	VfL Engelskirchen	1:57:42	M30	2	0:39:33	0:39:15	0:38:52
3	498	Mues Dominic	Heinsberg-Sauerland	1:57:43	M35	1	0:39:08	0:38:47	0:39:46
4	418	Mitos Christof		1:59:42	M40	1	0:39:33	0:39:33	0:40:35
5	457	Bilke Marco	*Soest	2:02:35	M20	1	0:41:47	0:40:28	0:40:20
6	439	Siemons Peter	SG Langenfeld	2:05:52	M50	1	0:41:32	0:41:19	0:43:01
7	455	Cirpka Enno	Neukirchener TV Leverkusen	2:07:12	M55	1	0:42:35	0:42:37	0:41:58
8	514	Faber Oliver	TSV Solingen AufderHöhe 1	2:09:06	M45	1	0:44:01	0:42:09	0:42:55
9	472	Hallerbach Peter	Knickfööss Köln	2:09:56	M50	2	0:43:08	0:43:14	0:43:33
10	448	Michalka Ralph	*Düsseldorf	2:10:44	M45	2	0:44:17	0:43:22	0:43:04
11	456	Himmelman Alexander	*Düsseldorf	2:11:40	M20	2	0:43:50	0:43:20	0:44:30
12	490	Klingenberg Florian	Lauftreff Lindlar	2:12:06	M35	2	0:44:30	0:43:33	0:44:02
13	627	Krychowski Ralf	TFG Köln Nippes	2:12:31	M45	3	0:44:05	0:44:03	0:44:22
14	491	Zakrzewski Pawel	*Leverkusen	2:12:50	M30	3	0:44:07	0:44:15	0:44:27
15	459	Eger Christian	1986	2:14:18	M30	4	0:46:29	0:43:46	0:44:02
16	486	Kaczmarczyk Adam	*Ratingen	2:14:50	M45	4	0:46:47	0:44:49	0:43:13
17	336	Stendal Dirk	LT-Training by Neiß	2:16:49	M50	3	0:46:09	0:45:56	0:44:43
18	466	Goldbeck Jens	Knickfööss Köln	2:18:16	M45	5	0:46:22	0:45:33	0:46:20
19	509	Sandau Andreas	Novasep Synthesis	2:18:54	M50	4	0:46:22	0:46:24	0:46:07
20	487	Sitzer Marc	SSF Bonn Triathlon	2:21:41	M35	3	0:46:17	0:46:50	0:48:33
21	504	Karras Martin	Freie Schwimmer Düsseldorf	2:22:50	M45	6	0:48:14	0:46:55	0:47:41
22	511	Isbaner Wolfgang	TSV Bayer 04 Leverkusen	2:24:15	M60	1	0:46:56	0:49:13	0:48:06
23	508	Vaillant Markus	BTG Burscheid	2:24:59	M45	7	0:48:21	0:47:23	0:49:15
24	461	Mock Stephan	*Dormagen	2:26:32	M50	5	0:48:36	0:49:23	0:48:31
25	471	Kaiser Julian	*Köln	2:27:33	M20	3	0:50:29	0:48:19	0:48:43
26	518	Behrendt Markus	SG Monheim	2:27:38	M50	6	0:50:30	0:48:18	0:48:49
27	481	Raulf Sascha	Metallica Runningteam	2:28:53	M40	2	0:48:41	0:50:11	0:50:00
28	512	Paulini Ralf	*Radevormwald	2:30:41	M50	7	0:50:07	0:50:26	0:50:07
29	465	Müller Martin	*Leverkusen	2:34:55	M45	8	0:51:02	0:52:17	0:51:35
30	475	Cours Frank	TuS 82 Opladen	2:41:03	M50	8	0:52:50	0:53:49	0:54:23
31	408	Skiba Pawel		2:42:45	M45	9	0:54:21	0:53:34	0:54:49
32	452	Olbert Marc	Lt Hennef/Sieg	2:55:22	M55	2	0:57:36	0:57:29	1:00:16
33	727	Jäger Christian	*Düsseldorf	2:56:01	M30	5	0:54:09	1:08:14	0:53:37
34	494	Ketterer Martin	BSG Sparkasse Leverkusen	2:57:53	M50	9	0:58:35	0:58:14	1:01:03
35	480	Schmitt Andy	*Leverkusen	2:58:16	M35	4	0:58:24	0:58:54	1:00:57
36	513	Elz Hans-Peter	*Köln	3:20:04	M50	10	1:06:19	1:06:05	1:07:39

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Frauen

Ges.Pl.	Nr.	Name Vorname	Verein/*Ort	Gesamt	AK	AK-Pl.	10km	10km	10km
1	447	Michalka Silvia	*Düsseldorf	2:10:46	W50	1	0:44:19	0:43:22	0:43:05
2	499	Kanditt Katja	Mönchengladbacher LG	2:11:00	W40	1	0:42:11	0:43:45	0:45:02
3	470	Kaliner Silke	*Köln	2:20:15	W45	1	0:46:20	0:47:11	0:46:43
4	497	Fischer Sabine	SG Zons	2:24:43	W55	1	0:47:04	0:48:36	0:49:01
5	482	Quiskamp Verena	Triathlon TEAM TG Witten (T	2:26:57	W35	1	0:49:32	0:49:10	0:48:13
6	469	Wussow Angela	Bakis Fightclub	2:34:53	W30	1	0:52:59	0:51:49	0:50:04
7	474	Kieschke Bianca	TuS 82 Opladen	2:43:23	W40	2	0:55:07	0:55:05	0:53:09
8	460	Herling Jelena	*Hürth	2:47:51	W20	1	0:56:08	0:55:46	0:55:56
9	493	Ketterer Patricia	BSG Sparkasse Leverkusen	2:52:45	W50	2	0:57:35	0:57:15	0:57:54
10	454	Lepperhoff Eva	LC Duisburg	2:53:26	W45	2	0:56:04	0:57:59	0:59:22
11	813	Felder Sandra	TSV Bayer 04 Leverkusen	2:56:48	W45	3	0:59:09	0:58:15	0:59:23
12	479	Engelke Meike	Vodastecher Triteam	3:02:30	W45	4	1:00:47	1:00:09	1:01:33
13	506	Hahn Maike	*Leichlingen	3:08:01	W35	2	1:01:27	1:02:20	1:04:13
14	505	Elberding Inga	*Leichlingen	3:08:15	W35	3	1:01:26	1:02:31	1:04:17
15	451	Hahs Eveline	Lt Hennef/Sieg	3:13:47	W60	1	1:03:34	1:04:04	1:06:07
16	725	Magurova Zuzana	*Düsseldorf	3:23:43	W30	2	1:05:36	1:09:14	1:08:51